

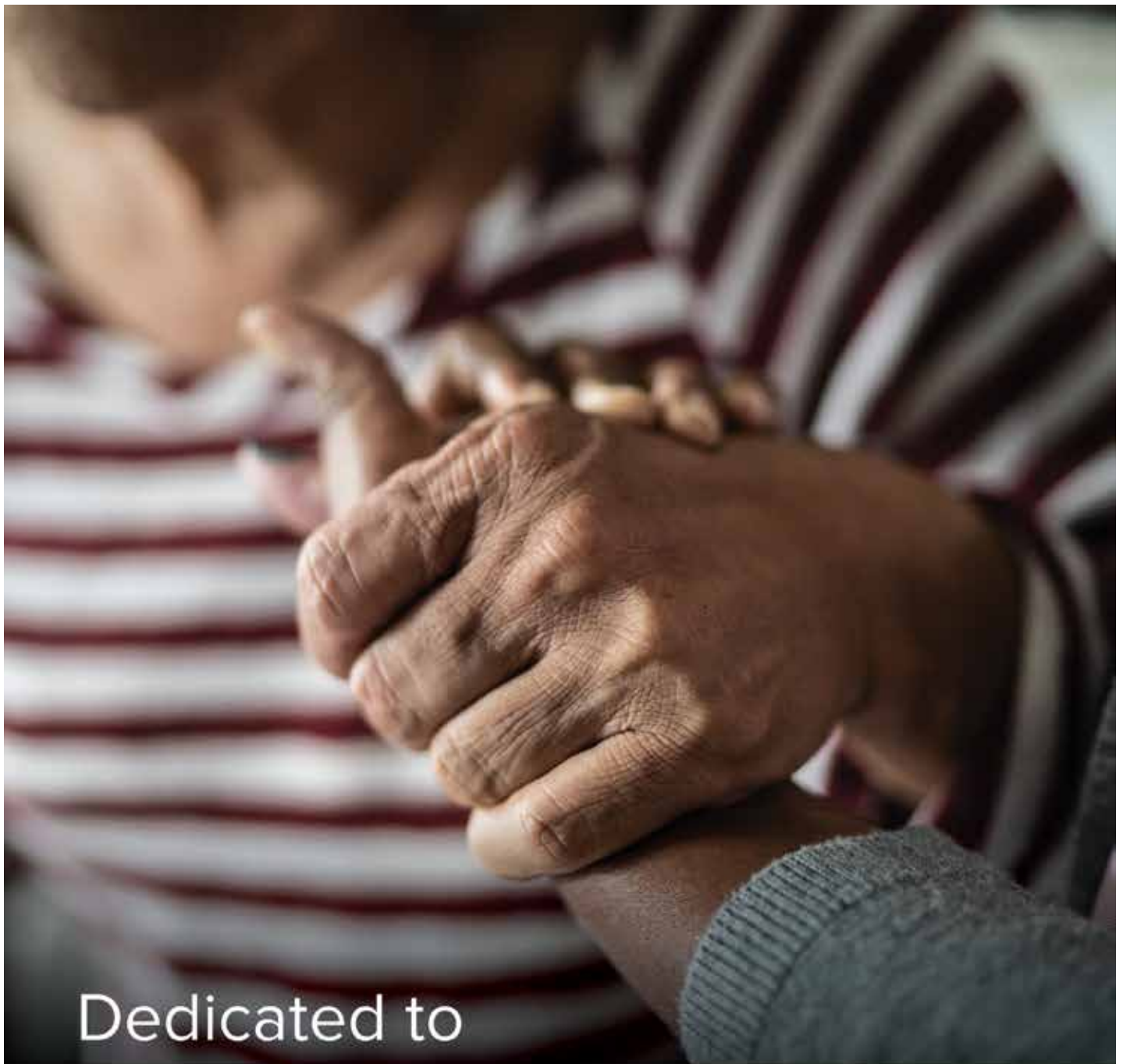
Four Seasons

BREEZE

Magazine

FEBRUARY 2023 • VOL. XII, ISSUE 6

The Four Seasons Breeze Magazine is published by Four Seasons at Beaumont HOA & Image Up Advertising & Design
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FEBRUARY FEATURE: LOVIN' YOU P. 14-17

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LITTLE ITALY ON MY STREET P. 12

BREEZE DEADLINE FOR 2023 & BEYOND

If you submit monthly articles for the *Breeze*, please note that the deadline is now noon on the 6th of each month instead of the 8th. The *Breeze* is full of informative, important, and downright entertaining information from all corners of the community. In order to make it the best magazine it can be, we simply need a little more time. We appreciate you marking this new deadline in your calendar. As a reminder, please note that the word limit is 400 per submission and no more than three photos. If you have any questions, you can call Courtney Taylor, Publisher, at (909) 797-3647. Thank you in advance for your cooperation.

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The HOA Board of Directors meets on the 2nd Thursday of each month in The Lodge Ballroom. The Executive Session is at 9 am and the General Session is at 1 pm.

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COMMUNITY AMBASSADOR: Anita Worthen

At the Four Seasons at Beaumont website, fourseasonsbeaumont.org, you will find association financials, Board meeting minutes, activity calendar, community guidelines, and more helpful information. Register online to receive your login details. Another source of news is the Daily Report. You can subscribe to receive Daily Report emails by going to our website and filling out the form under the Daily Report blue tab.

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MESSAGE FROM THE BOARD

By Jerry Monahan, Board President

Currently the HOA is considering solar power for our facilities, such as The Lodge, Spa Building, RCN Building, Summit and The Courts. The solar company and Trinary Capital require a Power Purchase Agreement (PPA) for 20 years.

The Community Planning Committee performed considerable due diligence in their reviews and recently submitted their findings to the Board of Directors.

Ballots were sent in the mail to our residents requesting a vote to either authorize the Board of Directors to execute a contract with Trinary Capital or not execute the contract.

Highlights of the Power Purchase (PPA) for solar power are:

- Zero upfront cost to install from the HOA.
- All maintenance and repairs would be covered under the contract.
- Provides annual electrical needs for our three clubhouses.
- Provides the PPA rate first year at 14.3 cents//kWh. Escalation at 2.99% for each year thereafter.
- First year savings is approximately \$21,000.00.
- Estimated 20 year cost savings \$1.3 million.

* Assumes Southern California Edison inflation of 5% which reflects a historical average of rate increases over time.

The one critical condition to initiate this agreement requires the HOA to commit to a 20-year contract. Currently, per our CC&Rs, the Board of Directors cannot execute a multi-year contract without a positive majority vote by a quorum of owners. For us that is 50% of the 1,853 residents plus one, or at least 928 owners must submit a vote for the approval for the Board to sign the contract to be valid. Once a quorum has been reached, a positive outcome requires that 50% plus one of the votes submitted be Yes in order to authorize the Board to enter into a contract with Trinary Capital for the 20 years.

It is important for as many homeowners to cast their vote either by a Yes vote to allow the Board of Directors execution of the 20 year contract or by a No vote to not allow the Board of Directors to execute

the contract.

Whatever your decision, it is important to have your voice heard on this important issue. Additional information on this solar project can be found on posters at all three of our facilities, fliers, a two minute video explanation by General Manager Eric Zarr, an approximate nine minute video link by Community Planning Chairperson Colin Taylor with more detail on the solar project, and by the television screens at The Lodge Lobby. Please vote.

Transportation update from the City of Beaumont reviewed the Second Street extension. The extension of Second Street would go from its current ending adjacent to Kohl's to Pennsylvania Avenue. The approval on this project by the City Council to proceed to a Feasibility Study was obtained in May 2020. Then came the approval to proceed with Final Engineering and Environmental Study obtained in March 2021, and now the final Engineering Plans are pending final approval.

The Environmental Document Clearance was anticipated by the end of 2022, and awarding of the contract for construction is expected by the second quarter of 2023. The construction budget on this project is \$2.8 million and the expected duration of this project is 12 months.

So maybe sometime late in the year 2024 the project's completion will allow Beaumont residents to drive down Second Street and connect with Pennsylvania Avenue.

The Board of Directors meets on the second Thursday of each month in an open session at 1 pm in The Lodge Ballroom. We also have an informal meeting at the RCN Building on the third Wednesday of each month where residents can discuss topics and ask questions of the Board members in attendance. Informal sessions allow Board members to respond and participate in a question and answer period the more formal sessions do not permit.

If you have any questions or concerns, please feel free to contact me at (951) 212-8898 or at jmonahan.fsb@gmail.com.

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GENERAL MANAGER'S REPORT

Association Solar (PPA): The community has a current opportunity to have solar power generated at the different clubhouses that would satisfy the electricity needs of the clubhouses. Please take a moment to vote as this would be a long term contract that the Board needs membership approval. For more information on this project, please go to www.fourseasonsbeaumont.org/ppa.

Board Election: This year the Board has three seats up for election. The deadline to put your application in is on Thursday, Feb. 2. The form needed, and other information, is online at www.fourseasonsbeaumont.org/election

The community is governed and run by the elected Board

of Directors. The committees also play an integral part of how the Association runs and are always looking for homeowner participation. Please consider giving your time and expertise to the Association.

Slow Down: A reminder I give at each Open Session Board Meeting is to slow down. Once you are home behind the gates speeding or not stopping at stop signs will only save you a few seconds of time. Speed limits are 30 mph on the Circle, 25 mph on all side streets and 15 mph in parking lots. Please slow down and drive responsibly. If you a pedestrian, please use the sidewalks. ~ *Eric Zarr, eric.zarr@fsresidential.com, (909) 991-8337*

Meetings

BOARD OF DIRECTORS

Executive Session

DAY

2/9

TIME

9a

General Session

2/9

1p

Committee Chairs

2/6

10a

SUB-BOARDS

Canine Corral Council

2/6

10a

Communications Board

2/9, 3/1

10a

Technical Operations Board

TBD - see Daily Rep.

COMMITTEES

Architectural Review

DAY

2/6, 20

TIME

8:30a

Community Planning

2/16 See Daily Rep

Emergency Prep (EPC)

2/8

10:30a

Facilities

2/8

9a

Finance

2/28

1p

Landscape

2/21

1p

Safety

2/7

10a

Social

2/7

1p

PHOTO ASSIGNMENT

AND THE BEAT GOES ON

If you have finally found time to learn/revive your musical instrument, or continued your passion of being an instrumentalist, we want you to share with our readers. Submit a picture with your instrument(s) that makes your twilight years a musical satisfaction along with a caption. Email to FourSeasonsNews@yahoo.com and if you have any questions, please call Courtney Taylor at (909) 797-3647. The deadline to submit is April 6 at 12 noon. The feature will appear in the May Breeze.



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Activities Director Corner

By Cindy Graves

February brings the Super Bowl on Sunday, Feb. 12 in The Lodge Ballroom. This party starts at 1 pm and will include dancing, games, and other festivities (as well as watching football). If this sounds like a fun event to you (and it will be!), you can pick up free tickets at The Lodge front desk. The last day to pick up tickets will be Monday, Feb. 6. We are asking that everyone bring a potluck item to share and BYOB.

The next big night of fun and games is on Friday, Feb. 17 at 6 pm in the Ballroom. This Valentine's version of the "Oldied/ Newlywed Game" was made popular last year, so our fabulous emcee Gail Lindeboom thankfully decided to do it again this year! This is a hilarious sweetheart event, but you don't have to have a sweetheart to come; it's just a blast watching to see which couples actually know each other and which ones make it up as they go. Everybody is

welcome and there is no cost to attend. Feel free to bring your dinner and BYOB. I hope to see you there... there are prizes for the winners too!

Saturday, Feb. 18 at 5 pm in the Ballroom will be our Karaoke night with the wonderful Dave Rohrbacker. This is always a rockin' time and it's the perfect opportunity to work on becoming the Karaoke Queen or King. The Bistro typically has specials that night but you are welcome to bring your food and drinks in when you come.

Don't forget that this is the month of love so be sure to tell those around you that you love them and are grateful for them. Let me start... I love all of you and am grateful to be part of the Four Seasons family! You guys are the best and you mean more to me than you'll ever know!

Stay tuned for a jammed-packed March. We're going to have a blast together!

FEBRUARY

- 4: Heart & Soul Line Dance Workshop
- 5: Trivia
- 12: Community Super Bowl Party
- 17: Oldied/Newlywed Game
- 18: Karaoke
- 25 Community Line Dance Party

MAY

- 6: PAC Evening Show
- 7: Trivia
- 7: PAC Matinee Show
- 12: HOA Shred It Event
- 12: Barn Burner Dance
- 13: HOA Loggia Concert
- 20: Home Garden Tour
- 20: Karaoke
- 21: Amphitheater Concert
- 26: Disco Dance
- 27: JCC Community Chili Cook-Off

AUGUST

- 4: Let's Dance Party
- 6: Trivia
- 11: Loggia Steel Drum Concert
- 12: Barn Burner Dance
- 19: Karaoke
- 20: Amphitheater Concert
- 26: PAC Show

NOVEMBER

- 3: Majority Rules Game
- 4: Heart & Soul House Party
- 5: Trivia
- 11: Veterans Day Event & Car Show
- 18: Karaoke

MARCH

- 4: Social Committee Swingin' 60s Show
- 5: Trivia
- 10: Rob's Wine & Paint Party
- 11: Spring Craft Fair
- 17: HOA St. Patrick's Party, Golf Cart Parade
- 18: Karaoke
- 24: PAC Name That Tune
- 29: Volunteer Luncheon

June

- 2: HOA Dance Party
- 4: Trivia
- 10: Country Line Dance Party
- 14: Mandatory Fall Craft Vendor Mtg.
- 16: Rob's Wine & Paint Party
- 17: Juneteenth
- 17: Karaoke

SEPTEMBER

- 2: Heart & Soul Community Party
- 3: Trivia
- 8: Paul Locke Magic Show
- 9: Walk for the Animals
- 9: A Romantic Night to Remember
- 16: Social Comm Barbra Streisand Show
- 17: Amphitheater Grand Finale
- 22: PAC Radio Show
- 23: Karaoke
- 30: Fall Craft Show

DECEMBER

- 1: Holiday Golf Cart Parade
- 2: Holiday Show 1
- 3: Holiday Show 2
- 3: Trivia
- 10: Hannukah Party

APRIL

- 1: April Fools Show
- 2: Trivia
- 14: Trivial Pursuit
- 15: Karaoke
- 22: Social Committee Comedy Show
- 28: Handbell Choir Show
- 29: Community-Wide Garage Sale

JULY

- 1: Heart & Soul Dance Workshop
- 2: Trivia
- 4: HOA Fourth of July Event
- 15: Karaoke
- 16: Amphitheater Concert
- 17: Crown Divas Gala

OCTOBER

- 1: Trivia
- 5: Handbell Choir Concert
- 6: HOA Latin Beats & More Dance
- 7: Community-Wide Garage Sale
- 8: Jazz Under the Stars
- 13: Rob's Wine & Paint Party
- 14: HOA Oktoberfest
- 20: Garden Club Party
- 21: Karaoke
- 28: Social Committee Fashion Show
- 31: Halloween Golf Cart Parade

DID YOU KNOW?

DID YOU KNOW In order to have equability between solar and non-solar electric utility customers, the CPUC (California Public Utilities Commission) authorized the electric utilities of California to implement a new tariff system regarding solar power interconnection. This new tariff will have a drastic effect for new systems connected after April 14, 2023. Existing systems and permitted new installations will have a 20-year grandfather period option to stay on the old tariff.

Winter Wish Thanks

Winter Wish thanks citizens of Beaumont, Cherry Valley, and the surrounding communities for their support of the 33rd year of Winter Wish. This year, warm clothing, toys, and some household items (blankets and/or towels) were given to 699 children in 229 families that were selected to be recipients of Winter Wish gifts in 2022. Food, collected through the community food drive, was also given on distribution day.

We thank Four Seasons at Beaumont for participating with other Pass Area residents, service organizations, businesses, and city staff.

Winter Wish has developed into a unique, individualized community-wide all-volunteer effort of which we can all be proud.

Please accept our sincere thank you from Winter Wish Committee.

Pneumatic Tube Transport To Be Installed

In order to alleviate the traffic on Highland Springs, pneumatic tubes will be installed at The Lodge to transport residents to various locations in the Pass Area. The pneumatic transport will hold two people and approximate times of delivery vary depending on the destination. The following times are estimates: Wal-Mart, 3 seconds; Wendy's, 4 seconds; San Geronio Hospital, 4.5 seconds; Downtown Banning, 8 seconds. A tube system will be built over the course of the next two years under homes, businesses, and roads in Banning and Beaumont. There will be a one-time assessment of \$950,000 per resident due Jan. 1, 2024. Brought to you by "Think THWOCK!"

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BANNING WAREHOUSE UPDATE

By Jerry Monahan, Board President

Now that the holidays have passed, the case activities before the court are moving along. Pass Action Group (PAG) has submitted their brief to the court on Dec. 9, 2022. Now the City of Banning and Creation Equity have until Feb. 7, 2023 to file a response brief to Judge Reimer.

Then on March 9 the Pass Action Group (PAG) will reply to the response brief. This reply will also be to Judge Reimer.

After submission of the briefs and responses to the court, Judge Reimer will set a hearing date, possibly in April or May.

There will be a Town Hall meeting on Feb. 7 in the Sun Lakes Ballroom where the Pass Action group (PAG) will update the community and many supporters. We will list the Town Hall meeting

in our Daily Report when the time of the meeting is confirmed.

The preparation of the case by attorneys from the Pass Action Group and the research required is a time consuming and costly part of the court case.

Additional fundraising events are being planned by PAG at this time. Watch for the information on the upcoming fundraising events in our Daily Report website and, if time permits, the *Breeze* magazine.

Online donations can be made at www.givebutter.com/passactionroupbanning.

The Pass Action Group's Board of Directors thank all who have supported and continue to support the efforts to overturn the warehouse proposal.



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Busy Bees: Spotlight on The Rohrbackers

By Rhonda Louden

For a good time, call either one of the Rohrbackers. Dave and Janine moved into their second house in the community just down the street from our new home more than three years ago. Janine had already started a line dancing class but their first event in our new neighborhood was organizing a street party—before they had even moved in, bringing together brand new neighbors from two streets. Next they dragged us all over to Songbird for a street party that included a potluck and lawn chair volleyball. They even threw one last party at their old house and included their new neighbors. They were a two-person newcomers club who were responsible for showing nervous newbies how to enjoy our new community.

You see it over and over again as they make new people feel comfortable through Step It Up line dance classes three times a week, Barn Burner dances for the entire community, and karaoke twice a month. They have hosted two fun Super Bowl potluck parties at The Lodge, before and after Covid.

During Covid, they worked overtime coming up with ideas to



provide us with social events while we stayed distant and safe. We had zoom craft classes, Driveway Bingo, and socially-distanced street dancing in the cul-de-sac. They planned golf cart outings to nearby drive-through restaurants where we enjoyed our dinners in each other's company in the park.

Dave assumed the leadership role for karaoke when we opened back up after Covid. He added a second day a month because it drew so many singers as well as a large audience. He makes it extra fun with theme nights such as Halloween and Jammieoke. Janine makes it even more fun by coordinating line dances to the songs people choose. And all that was before Dave retired.

Since his retirement, a few months ago, he has really stepped up his activities. His DJ services are in demand at many events including the recent Walk For the Animals and the Veterans Day Car Show.

Why are they motivated to do all these things? For Janine and Dave, Four Seasons is a very special place to live and they look forward to spending many more years of fun with the awesome people in this community while learning and trying new things.



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*L to R: Barry Ginneti, Zsuzsanna Vincze, Phil Westbrook, Charles Rozzi, Willis Fagan, Colin Taylor, Johanna Ballard
Not pictured: Larry Workman*

Meet the Volunteers of the Community Planning Committee

COMMUNITY PLANNING, YOUR KEY TO OUR FOUR SEASONS' FUTURE

By Johanna Ballard/CP Communications, Colin Taylor/CP Chair

Our HOA has a dedicated committee to address our community's future. Did you notice the variety of features and amenities at Four Seasons' Beaumont upon your first visit? I know that I did. Not only was it apparent that there were lovely model homes to consider for one's personal lifestyle, the multiple array of amenities were also so appealing. I shared a video of our community to my family members as I reviewed my retirement future and possible ownership out here in Beaumont which was quite a departure from my previous housing. Multiple family members of mine exclaimed, "Gosh sis, it looks like you are moving to a deluxe resort!" Indeed, I've experienced countless instances in which I contemplate how fortunate I am to have retired into this kind of luxury.

Without a doubt, our residents recognize the vision required to create this premier community we enjoy. With that, it was acknowledged by our HOA Board that a planning committee was essential to research options and address future needs to maintain our investment, preserve neighborhood satisfaction, and attract new buyers to keep pace with comparable retirement choices.

The Community Planning Committee has an overarching purpose, chiefly long range planning. Our committee charter establishes the responsibility to craft a master plan, research innovations and maintenance of our common structures, oversee open area land utilization and facilitate modifications/additions to our buildings and grounds. We employ optimal strategies, including residential surveys, to ensure that our community remains a vital and desirable place to live. Community Planning volunteers engage in lively dialogue, keep current with lifestyle trends, and research physical, social, and economic topics in service to our charter. Our volunteers have extensive backgrounds and talents in engineering, facilities management, architecture, operations analysis/efficiency, food sales, and distribution management and directing school operations.

We participate as volunteers for this committee to share our skills and experience as an expression of our gratitude to be in community with our fellow Four Seasons residents and our desire to ensure that we manage needs that arise as we move forward in the years to come.

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LITTLE ITALY ON MY STREET

By Elizabeth Westbrook

Mama mia! This was our reaction when we first met our neighbors across the street. That was many years ago — even before the Italian American Club came to existence. Phillip and I love everything that's Italian: the food, the wine, *The Godfather*, Bocelli, Marlon Brando, Sophia Loren, Rome, and Venice. Imagine our wonderful surprise when we found Little Italy in our neighborhood.

Giorgio and Silvana Varone immigrated from Calabria and Sicily respectively in the 70s. Giorgio's excellent masonry on marble and mosaic created a magnificent backdrop for their wedding in 1992. Introduced at a house party, Silvana, who had lived in New York before moving to San Gabriel, retired from Alitalia Airlines. Is it any wonder that the colorful backgrounds of this couple will create an atmosphere of the sights, smells, and sounds of Italy?

The plants surrounding their house are not from nearby stores. When they visited Hawaii, seeds were brought back. Silvana's job allowed her to bring back seeds from Sicily. Their visits to Italy afforded opportunities to bring back more seeds. Years later, citrus fruit trees perfumed the air — much to the delight of neighbors passing by.

Ripened red peppercinis glowed like rubies around the perimeter of their backyard. Practicing what Giorgio learned from his family's garden in Calabria, he grafted seven species of roses to create a bouquet of flowers growing on a single bush. His experimentation on grafting continued onto the lemon trees from Calabria creating a myriad of shapes from what seemed to have landed from another planet. We marvel at the giant lemons!

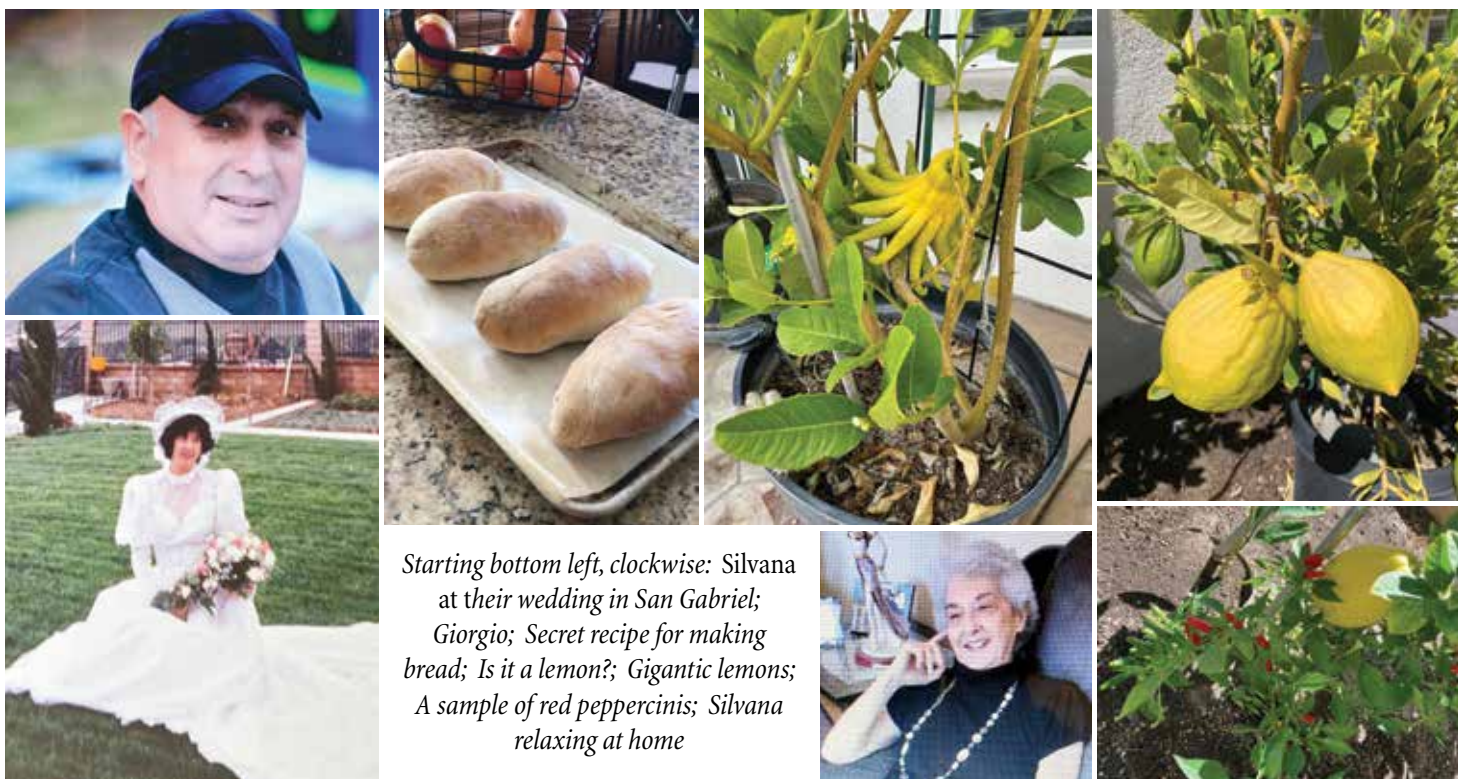
Giorgio's magic touch on growing cherry tomatoes could produce 50 pounds and we loved getting some; I would prepare it with olive

oil, balsamic vinegar from Modena, and sprinkled them with spices. Add his cured black olives, which he procured with blessings from Morongo Casino's trees that peppered their sidewalks. Finally, top it off with his homemade bread, and cheeses bought from a market in Claremont specializing in international foods, and *deliziosa*!

Did I mention bread? I have a special tone for Silvana's number and when it sings, we react like kids, "Yay! Giorgio made bread." He makes enough to stock our fridge and when we're invited for a meal, Silvana uses only the freshest ingredients and you know it, she's made enough to feed an army. Giorgio's favorite dishes reflect the way Italians would shop twice a day to make their meals — vegetables, lamb, and hot peppers — the simpler the better. Don't ask for recipes because they've been created from memories and experimentations.

Silvana's uncanny touch to keep houseplants healthy and thriving puts me to shame. Trust me, I don't mind it when she tells me, "What's-a-matter with you? You were drowning your plant." She'll laugh and offer us espresso. Even Phillip breathes in this Italian air because he surprises me with the way he speaks with hands flying in the air. Our Christmases have never been the same since Giorgio and Silvana started sharing their homemade cookies; their pomegranates were succulent for making juice and I added it to our limoncello. Apparently, this Italian talent for creativity is hereditary. Silvana's brother, Salvatore, who moved recently up on a hill near Four Seasons Circle with his wife, baked cookies too pretty to eat — shaped and colorful like fruits and vegetables — more like museum pieces.

Phillip and I have been blessed to have wonderful neighbors. I'm hoping you have found yours too. Ciao!



Starting bottom left, clockwise: Silvana at their wedding in San Gabriel; Giorgio; Secret recipe for making bread; Is it a lemon?; Gigantic lemons; A sample of red peppercinis; Silvana relaxing at home

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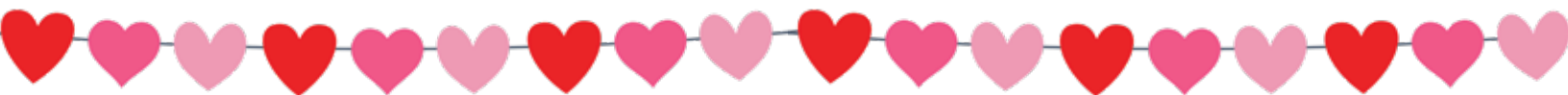
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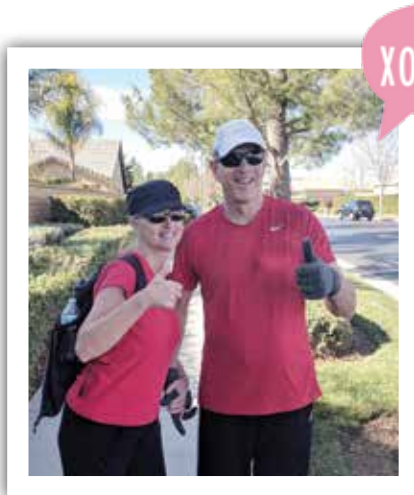


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*Lovin' you has made my life so beautiful
And every day my life is filled with lovin' you...*



Tina and Michael Canon on Christmas Eve 2018. This photo is special because it was the day that Michael achieved his goal of walking around Four Seasons Circle just nine months after his stroke. We were so happy... and Tina was so proud!



Finding love in 2010. This is Tippi and Ben Shelton going on one of our first dinner dates.



Janet Moore & Terry Humble, high school sweethearts, in 1970. The kid on the handlebars is Janet's little brother Robert.



Perry and Sally White and granddaughter Isabella Eicher.



Michael & Katherine Henderson's wedding reception on Dec. 28, 1996.



How time flies. Vivian Walker and Cathy Thomas enjoying a Mexican cruise in 1991.



Sam and Sherrie Barton on their 30th anniversary and Sherrie's birthday.





Kanaiya Sugandh and Seema Kapoor. We recently celebrated our 10th Wedding Anniversary at The Summit. Cindy was so helpful. Our previous spouses of long and good marriages passed away. We found each other and happiness.



Toni Finer and Ron Pusater: This is our favorite picture that makes my heart sing. A great love found late in life. It's never too late and you're never too old.



John And Stephanie McDow. We've been married (51 years) and always enjoy singing at karaoke.



Richard Gabriel and Lisa Johnson on our first ski trip in Mammoth.



Joette and Scott Snyder with Zeus on their Laguna Beach wedding in 1996.



Pamela & Johannes Simanjuntak at the Taj Mahal on Oct. 7, 2022. We're celebrating our 32nd wedding anniversary!



Martha Franck with Reyna, her Labradoodle.



Doc and Letha Sellars, 1972. Valentines for 50 years.

*No one else can make me feel
The colors that you bring.*



Bob and Joanne Terrell... 49 years of fun!



Larry and Cathy Workman on their way to their wedding dinner celebration.



On Nov. 7, 30 years ago, my entire world was turned upside down! I wouldn't have it any other way. Sometimes upside down is really right side up. Happy anniversary Jim Volpe.
xoxo Sheila Volpe



Love

BE
MINE



Cindy and Steve Schwinn on their wedding day 46 years ago.



Jerry and Frances Monahan have been married 58 years and dated then engaged six years before that. 64 years with me... She is a saint!



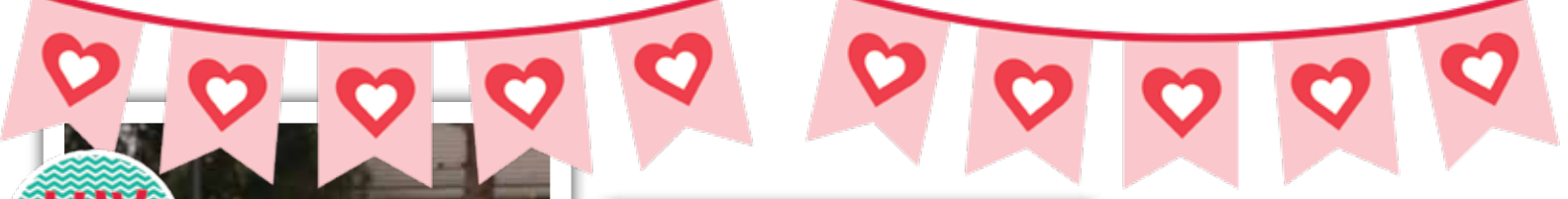
James and Mary Townsend, goin' steady in 1958.



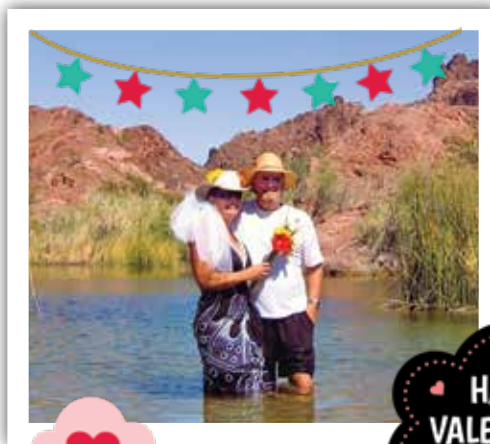
I ♥ YOU



Grandma (Mary Baer) and the Wild Bunch.
My precious Valentines.



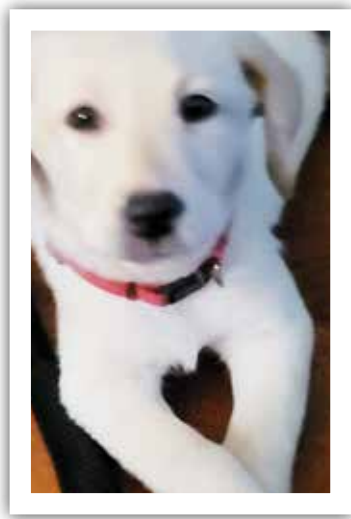
Rhonda Loudon and her new baby Millie, freshly adopted on the Walk for the Animals event



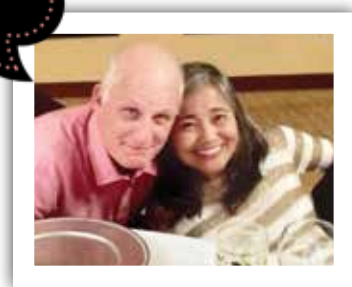
Teri DiMarino and Jeff Davidson pleased their children on Sept. 25, 2008 by making it legal to file taxes jointly after a ceremony on a sandy beach in the Topock Gorge, on the Colorado River



At our 40th anniversary vow renewal. This year we will celebrate 44 years. ~ Malea and Don Ortloff



*Rylee Anne, is "Puppy Love."
~ Susan and Gary Henderson*



Having fun at an event in the Ballroom with dinner, wine, and dancing. ~ Phillip and Elizabeth Westbrook



*John and Elizabeth Gallegos
Dec. 26, 2016 in Kauai*



This is where our love for each other began when we were 14. ~ Dave and Janine Rohrbacker



Valentine's Day 2021. ~ Ray & Jan Thorsky





Stuffed butternut squash

This recipe can be served as a vegetarian or vegan main course or as a side to accompany a meat dish. Either way, the combination of fruits, nuts, rice and warm spices stuffed in a roasted squash makes it a show-stopping dish. The squash may be made as much as three days ahead of time and refrigerated until the day it is served.

Prep Time: 30 minutes; Cook Time: 90 minutes; Total Time: 2 Hours

Servings: Main Course 4-6 servings; Side dish 8-10 servings

INGREDIENTS

- 1 large (3 ½ to 4 pounds) butternut squash, halved lengthwise and seeded
- Extra virgin olive oil
- Salt and pepper
- 1 cup peeled and chopped carrots, about 2
- 1 cup chopped celery (2-3 ribs)
- 1 cup chopped yellow onion, about 1 medium
- 1 medium Honeycrisp or other sweet tart apple, peeled, cored and chopped
- 2 cloves garlic
- 1 cup wild rice blend, unseasoned (Note: on rice cooking time, different brands of wild-rice blends vary so add more broth or water if necessary and check package for cooking time)
- 2 cups vegetable or chicken broth
- 1/2 cup roughly chopped walnuts
- 1/2 cup dried cherries
- 1/4 teaspoon dried sage
- 1/4 teaspoon dried thyme
- 1/4 teaspoon ground cinnamon, optional
- 1/2 teaspoon sea salt
- 1/4 teaspoon black pepper

Supplies: Kitchen twine

DIRECTIONS

1. Preheat oven to 350 degrees. Line a baking sheet with parchment paper or a silicone mat
2. Place both halves of the butternut squash on the lined baking sheet, cut side up. Brush each half of the squash lightly with the olive oil then sprinkle with salt and pepper. Roast the squash until it is easily pierced with a fork, about 60 to 75 minutes. When just tender, remove the squash from the oven, set aside until it is cool enough to handle.
3. Carefully scoop out the flesh of the squash leaving a one-inch border around all the edges. Chop up the scooped-out squash flesh and set aside.
4. While the squash is cooking, make the filling. Heat the olive oil in a large pan over medium-high heat until it shimmers. Add the carrots, celery, onion, apple, and garlic to the pan; cook stirring occasionally, until tender, about 10 minutes. Add the wild rice and broth to the pan and stir the mixture. Bring to a slow boil, reduce heat to a simmer, cover and cook for 20-40 minutes, or until the rice is cooked and has absorbed the broth. Stir in the walnuts, cherries, sage, thyme, cinnamon, and scooped out squash flesh. Add salt and pepper to taste.
5. Evenly stuff the scooped-out squash halves with the filling, pressing gently with a spoon to pack in as much as possible. Move the stuffed halves close together. Carefully fold one over the other and lay on one side, like closing a book. Use kitchen twine to loosely tie the squash in three or four places being careful not to sever the squash.
6. At this point, you may let it cool, cover with foil, and refrigerate for up to three days. Remove from refrigerator at least 30 minutes prior to cooking, then proceed to the next steps.
7. Lightly brush the top with olive oil. Bake in 350-degree oven for 25 to 35 minutes until hot all the way through. Remove from oven and sprinkle with cracked pepper and salt, if desired. Allow to rest for about 10 minutes. Then slice into 1 to 2 inch slices.
8. The slices will easily fall apart. When serving, use a wide spatula/turner to carefully transfer the slices to the plates. Serve hot.



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OUR LISTINGS - Recently **SOLD** in Four Seasons include:

1481 Whisper Creek (Buyers & Sellers)	1650 Beaver Creek B	470 Madera	1506 Big Bend	139 Tijeras	123 Tijeras
1560 Williamson (Buyers & Sellers)	1566 Bloomington	474 Diamond Peak	330 Blowing Rock	1650 Beaver Creek	1550 Tattlesall
160 Salt Creek (Buyers & Sellers)	462 Diamond Peak	117 Paint (Buyers)	1578 Williamson Park	353 Blowing Rock	456 Rushmore

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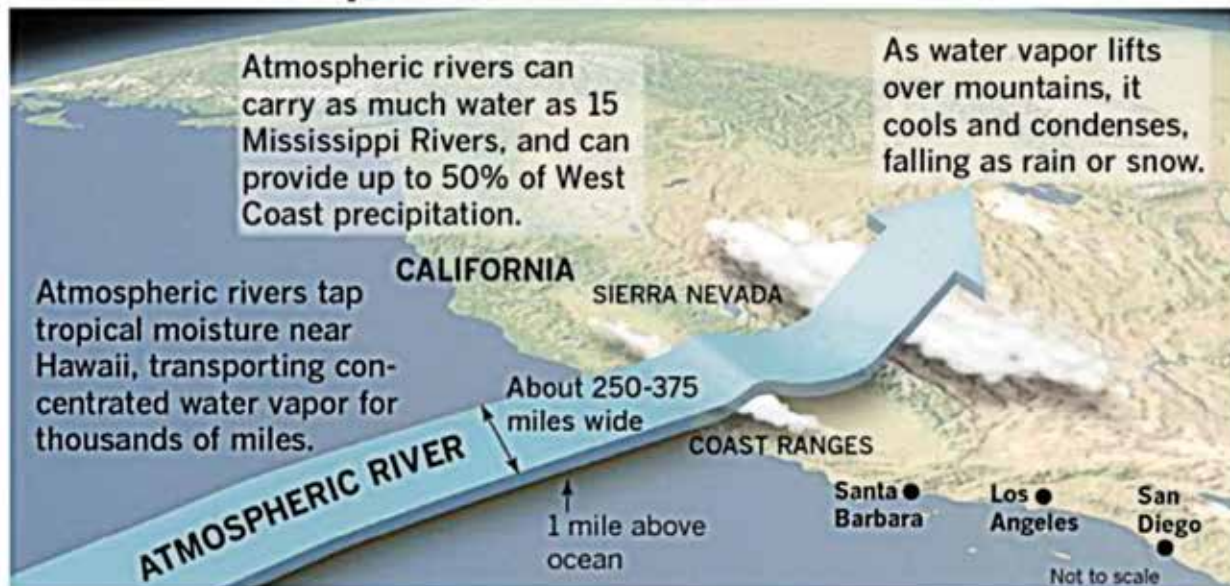
ATMOSPHERIC RIVERS

Many of you may have heard the term "atmospheric river" on TV weather segments. But what is it? Simply stated, an atmospheric river describes a long fetch of moisture across the eastern Pacific Ocean, often originating from the subtropics, which provides huge amounts of moisture into the atmosphere. The recent string of storms from late December into early January producing significant rains were the byproduct of the atmospheric river. When these do occur, substantial rains impact California, more in northern and central California, but often Southern California as well. When the moisture originates near Hawaii, the term often used to describe this river is the "Pineapple Connection."

These "rivers" are generally about 250 to 375 miles in width and can be more than 1,000 miles in length. (See graphic below.) The moisture brought to the West Coast lifts, cools, and creates rain in lower elevations and snow in the higher elevations. Upper level dynamics can amplify the lifting, and these conditions then can produce great amounts of rain and snow.

During the prolonged drought conditions in California, persistent high pressure blocked and deflected any such rivers toward the Pacific Northwest. A huge dome of this high pressure during Christmas produced near record warm temperatures in Southern California, which, in turn, caused arctic air to move southward into the central and eastern states, causing the frigid and snowy conditions there. But right after Christmas, that high pressure finally gave way to westerly upper level winds and the onset of the atmospheric river over a three-week period affecting all of California. The state definitely needs the rain and mountain snow, and it is possible that it can redevelop further into January, but as of this writing, it is hard to predict with any certainty.

How an atmospheric river works



Sources: National Weather Service, Scientific American @latimesgraphics

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Oh, the Places We Go!

Ever take that “perfect” travel picture or capture your significant other having a great time exploring parts of the world outside our community gates? Well, now you have a place to share it with others.

For this “Oh, the Places We Go!” column, residents may submit high-quality digital photos to FourSeasonsNews@yahoo.com. While not required, we would love to see a copy of the *Breeze* featured with you in the photo of your escapades. It will be fun to see how far and to what exotic places the magazine travels. Please be sure to include information to explain your photos, especially the who, what, when, and where.



Calvin and Lori Crosse in front of Cradle Mountain in Burnie, Tasmania



Lori Crosse conquered the Bridge Climb in Sydney with 70 mph winds



Lisa Johnson and Richard Gabriel at Whalers Village during their visit to Maui, Hawaii in December



Kathy and Steve Rust are being ‘attacked’ by a Jurassic Park dinosaur at the National Tropical Botanical Garden (NTBG) Koloa, Kauai



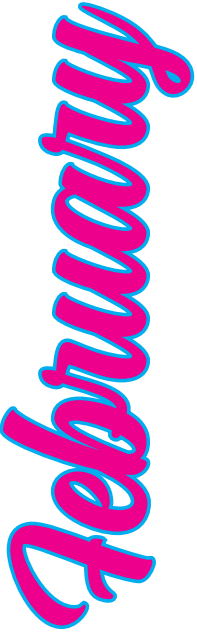
Kathy and Steve near a beautiful waterfall at the NTBG Koloa, Kauai



Jim & Bonnie Chappel at the Medieval walled city of Besalu Spain in Nov 2022



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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 Motorcycle Club 6p	2	3 Seasoned Solos 6p	4 Private Party RCN All Day Birding Club 8a Cars & Coffee 9a AACC 10a Heart & Soul 10a
			8 Neighborhood Watch General Session 10a	9 BOD Exec Session 9a BOD Gen Session 11a Italian American Club 6p Classical Music Group 7p	10	11
			15	16 Taste d'Vine 6p	17 Newlywed & Oldiewed Game 6p	18 Travel Group 9a Karaoke 5p
			22	23 Private Party Ballroom All Day Rainbow Group 6p All Seasons RV 6:30p	24	25 Private Party Ballroom All Day
			29	30	31	32
5 Wine Club Event 2p Trivia Night 6:30p	6 Bereavement Group 1p AACC 6p	7 Platonic Pals 1p Karaoke 6p Classic Film Group 6p	14 Book Club 9:30a Writer's Club 1p 4x4 Club 6:30p	21	28 Classic Film Group 6p	35 Private Party Summit All Day Jewish Club Movie 5p
12 Private Party Summit All Day Super Bowl Party 1p Counter Cultural Cinema Club 7p	13 Bereavement Group 1p	14 Book Club 9:30a Writer's Club 1p 4x4 Club 6:30p	21	28 Classic Film Group 6p	35 Private Party Summit All Day Jewish Club Movie 5p	42 Private Party Summit All Day Counter Cultural Cinema Club 7p
19 Private Party Summit All Day Jewish Club Movie 5p	20 Bereavement Group 1p	21	28 Classic Film Group 6p	35 Private Party Summit All Day Counter Cultural Cinema Club 7p	42 Private Party Summit All Day Counter Cultural Cinema Club 7p	49 Private Party Summit All Day Counter Cultural Cinema Club 7p
26 Private Party Summit All Day Counter Cultural Cinema Club 7p	27 Bereavement Group 1p	28 Classic Film Group 6p	35 Private Party Summit All Day Counter Cultural Cinema Club 7p	42 Private Party Summit All Day Counter Cultural Cinema Club 7p	49 Private Party Summit All Day Counter Cultural Cinema Club 7p	56 Private Party Summit All Day Counter Cultural Cinema Club 7p
Calendar changes? Complete a Schedule Change Request Form, found on the website or at the Lodge front desk, by the 8th of the month to make it in the following month's calendar. The activities, dates, and times on this calendar are subject to change at any time. Check with your club or group contact for the latest info if you have any questions or concerns.						

CLASS, GAME, EXERCISE SCHEDULES

Below schedules may change, cancel or reschedule at any time. Check with The Lodge front desk or fourseasonsbeaumont.org for updates.

Physical Exercise

THE LODGE

Gym	Daily	Open
Hula Hoop Group	F	7:30a
Pool	Daily	Open Swim
Spa Pool	Daily	Open
Paddle Tennis	Daily	Open
Pickleball	Daily	Open
Shuffleboard	Daily	Open
Beginners Conditioning	T/Th/F	8:30a
Total Body Conditioning	M/W	8:30a, 9:30a
Kickboxing Cardio	Sat	9:30a
Chair Yoga	W	5p
Yoga	W	6p
Zumba	T/Th	9:30a

THE COURTS

Gym	Daily	Open
Courts Pool	Daily	Open Swim
Spa Pool	Daily	Open
Tennis	Daily	By Reservation
Ladies Putters	M	4p
	F	9a
Ping Pong	Daily	Open
FSTTC	M-Sat.	1p
AFSTTC	T	10a
Yoga	T/Th	8:30a
Pilates	M	8a

THE SUMMIT

Gym	Daily	Open
Summit Pool	Daily	Open Swim
Bocce Ball	Daily	Open
Horseshoes	Daily	Open
Water Aerobics (pool closed during class)	M/W/F	10a
	M/W	11a
Water Volleyball (pool closed to swimmers)	T/Th/Sat.	11a

DANCE

Let's Dance! Free Practice	M	6p
Let's Dance! Beginning	M	6:30p
Let's Dance! Intermediate/Advanced	M	7:05p
Country Line Dance Beginning	T	2p
Country Line Intermediate	T	2:45p
Country Line Advanced	T	3:30p
Heart & Soul	W	4p
Step it up Line Dance Beginning	M	1p
Step it up Line Dance Improvers	M	2p
Step it up Line Dance in the Ballroom	W	6:30p

Classes/Groups

Believe Bible Study	F	10:30a
Ceramics	W	1p
Craft Group	Th	10a
Crafty Card Makers	2nd/4th F	1p
Hand Bell Choir	Th	1:30p
Intercessory Prayer	1st M	9a
Knit & Crochet	T	10a
Mixed Media Art	M	10a
	W	6p
Men's Bible Study	T	9a
Quilting Enthusiast	1st Th	1p
Sit 'n Sew	3rd Th	9a
TOPS Weigh In	T	8:30

Activities

Curly Cues	M	11a
Billiards for Fun	T	10:30a
Wild Bunch Billiards	F	12:30p
Dominoes Billiards	W/F	3:30p
Bocce Ball	T/F	8a
	Th	6p
Horseshoes	W	9a
Ladies Putters	M	4p
	F	9a
Ping Pong	Daily	1p
Advanced	T	10a
Paddle Tennis	M/W/F/Sat/Sun	5p
Shuffleboard	M	9a
	Sat	9a
Tennis Play Day	Last Sat	8a
Beginners	All Sat except last	8a

Game Clubs

GAME	DAY	TIME
Bridge for Fun	W	12p
Bunco	F	1p
Canasta	Th	1p
Co-Ed Bid Whist	T	6p
Contract Bridge	2nd Sat	9a
Dominoes	W/F	5p
Hearts	T	6p
Mahjong	F	10a
Mexican Train	M	12p
Phase 10 Cards	2nd/4th T	2p
Pinochle	M/W/F	9a
Rummikub	M	2p
Three Thirteen	1st/3rd Tues	2p
Uptown Diva Bid Whist	1st/3rd F	2p

CANINE CORRAL COUNCIL

Welcome 2023! Because of the wonderful rainy weather Beaumont has been receiving, we must take special precautions to protect the decomposed granite (DG) in the Canine Corral. Should you go to the Corral after a rainy day and find the gate locked, it is because the DG needs time to dry out. This could be anywhere from two days to a week, depending on how sunny it becomes once the rain ends. When dogs are running around the wet surface, or you are walking on it, deep impressions in the DG are created which may require repair work. The wet, soggy DG can also be harmful to your dog's paws. We love the rain as it helps with the drought, but there is a downside and we thank you for understanding.

Plans are in the making for another Yappy Hour at the Corral sometime in the spring so we can let our registered dogs be part of the fun as well. Stay tuned for further information regarding this event.

If you have not already done so, and you and your dog(s) are currently members of the Canine Corral, please consider joining our Canine Corral Facebook Group, Four Seasons Canine Corral ([https://](https://www.facebook.com/groups/638146317048512)

www.facebook.com/groups/638146317048512), to share pictures of your dogs in the Corral or to set up play dates. We currently have three days on which groups are meeting at the Corral: Saturdays at 9 am, Sundays at 9 am, and Wednesdays at 3 pm. Please join us on one of those days or set up alternative play dates with other members.

We currently have a roster which contains emails and phone contact information for each member of the Corral. We would like each member to have this information to be able to set up play dates with each other. However, if you do not want your information shared with other members, please contact Mykal Thuney at our management office as soon as possible so we can remove your information before it is provided to all members. Mykal's email is mykal.thuney@fsresidential.com or go to the office in RCN to speak with him.

We are currently looking for new members to join the Canine Corral Council. We meet the first Thursday of each month at 10 am in the RCN Conference Room. No previous experience is necessary.
~ **Barbara Morton**, barb93720@yahoo.com

EMERGENCY PREPAREDNESS COMMITTEE

Homeward Bound: Most of you are familiar with all of the time, effort, and energy it takes to evacuate your home. Today I will talk a little about the importance of making plans to return home. Just because the authorities have told you that you can return home does not necessarily mean that it is safe to do so. You may suffer damage to your home and possibly a loss of utilities. This may also include the loss or damage to heirlooms, pictures, or souvenirs. I will briefly discuss some of these things and what you can do to alleviate the stress of dealing with them.

Remember that just because you're allowed back home does not mean your home is habitable. Your doors, windows, and roof must be checked for damage. Unaligned doors are a security concern, broken windows will allow cold in, and roof damage is a concern for water damage. All of this may create financial concerns. Will the payment be made by your insurance, a claim to FEMA or some other relief agency? Planning for this ahead of time may alleviate a lot of stress.

When the first responders leave, you may be cleared to return to your home. You must remember to not only check for physical

damage to your home but also for possible damage to your utilities. You might want to turn them all off until they can be checked by the water, gas, and electric companies. I am not sure if I agree with this completely. In a perfect world they would be checked and cleared within days. I believe that it may take weeks for you to get them out to your house. You can see that a safety issue quickly becomes a financial one.

Shelter and utilities give us security, but what about things that comfort us? Furniture handed down to us, photographs, and pieces of art make us feel at home. If any of these things are lost or damaged you may begin to feel mentally or emotionally stressed. These things must be protected and secured. Pictures of photographs and artwork may be backed up and saved on a zip drive. A little thought and planning may save a lot of pain and anguish later.

We meet on the third Tuesday of the month at 10 am in the RCN Conference Room. Our next meeting is Feb. 21. ~ **Michael A. Mendoza**, srmendoza@verizon.net

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ARCHITECTURAL REVIEW COMMITTEE

ARC applications are down which means a little reprieve for ARC members. Even though our homeowners aren't as active with making changes in their yards or the outside of their homes, we still need to approve all changes you intend to make and will continue to meet the first and third Wednesday of each month regardless of how few applications are received.

Hopefully all homeowners understand that ARC is a resource to help make improvements and changes while staying within the established guidelines.

Just a reminder that the statewide changes to electrical rates will become effective April 15, 2023. To qualify for the existing rates,

any new solar installations must be approved and scheduled prior to April 14, 2023. Please be advised that Beaumont requires ARC approval before the city can process any permits.

If you plan to install solar, plan accordingly. Your application must be received by ARC for review on one of the following dates: Feb. 15, 2023 • March 15, 2023 • Feb. 1 2024 • March 1, 2024.

It is unlikely that both ARC and Beaumont can process any applications received by ARC after these dates.

If you have any questions or concerns, please contact me, or visit one of our meetings. ~ **Steve Cooley, (801) 815-5302, cooleyaudit@gmail.com**

FACILITIES COMMITTEE

Our last meeting started with homeowner comments questioning the cost of the game room chairs, another homeowner representing a large group requesting a volleyball court, and another wanting direction on an issue involving the Springdale area.

We welcomed new member Greg Gall to the committee.

Three bids were received for the Game Room table upgrade/replacement. The committee approved a bid to restore the existing tables. The committee voted to approve the purchase of replacement chairs for the Salon. The hydraulics for the original chairs have failed.

The committee nominated Lila Bonner for Chair and Regina Farmer for Co-chair.

The Facilities Committee is looking for members of our community to join our committee. Please contact me or attend our monthly meetings.

The Facilities Committee meets the second Wednesday of the month at 9 am in the RCN Conference Room. ~ **Lila Bonner, ladybonner@msn.com**

CONSERVANCY

Inspection Report: On Dec. 19, the Conservancy Committee walked the far east end of the Edison Easement starting near the Crooked Creek Bridge at Four Seasons Circle and walked east to Highland Springs. We then walked all of Trail F and completed a circumference walk around the meadow behind Sams Canyon and Lucinda Terrace, including walking along the narrow landscaping trail at the bottom of the Lucinda Terrace slope along the fence line at the far southeast end of the Conservancy.

Items of note: At the Crooked Creek Bridge – little or no trash in the waterway on either side of bridge. One new broken tree branch at the edge of the conservancy area closest to the west side of Four Seasons Circle at the Crooked Creek Bridge just south of the traffic circle. The broken tree limb is not impeding HOA property. Water was flowing slowly. ~ **Len Tavernetti, ltavernetti@hotmail.com**



View from Windmill bridge showing branches clogging Potrero Creek

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FINANCE COMMITTEE

The 2023 Budget and dues increase has been our focus for the last few months. Here are the pieces that make up the \$26 monthly increase. First is \$6 for the reserve fund. It is important to keep the reserve fund at a proper level to meet the future needs of Four Seasons. The level of the reserve fund can also affect the ability of buyers to get mortgages. Second is \$6.25 increase for the staffing of our three buildings and the efficient operation of Four Seasons. We all know businesses are having trouble getting and keeping good employees and we are fortunate to have great people. Next is \$5.39 for the trees. Four Seasons has more than 4,000 trees that need to be trimmed and some need to be removed because they are diseased or causing damage. Fourth is an increase of \$2.40 per month to maintain our beautiful landscaping. Fifth, utilities are up \$1.70. We all have seen the increase in our electric, gas, and water bills. Finally,

a \$4.26 per month increase to cover many costs that include social activities, janitorial, general maintenance, gate security, swimming pools, and other administrative expenses.

The Finance Committee did not meet in December, but each member received the November financial statement to review. Highlights of the November financial statements are: Total Cash is \$11,487,992 including operating cash of \$1,977,877 (checking and CDs) and reserve assets of \$9,510,115. Year-to-date our expenses have exceeded the revenue by \$26,874.

Homeowners are welcome to join us at the Finance Committee's regularly scheduled monthly meetings held on the last Tuesday of each month. Our next meeting will be Tuesday, Feb. 28, at 1 pm. Please check your Daily Report for the meeting location. Join us; we welcome homeowner input. ~ **Boyd Barlett** blbarlett@gmail.com

LANDSCAPE COMMITTEE

As I write this article, last summer's drought seems like a mystical thing that never happened and something we don't need to acknowledge or plan for. In reality, we are in a prolonged period of historic drought and it is wise to plan accordingly. I'm reminded of Voltaire's statement, "We must cultivate our own garden."

One of the best ways to utilize our abundant natural California plant life is by planting California natives. How lucky we are to live in a state that is home to one-quarter of all the plants that are native to North America, north of Mexico. California has about 6,000 species, subspecies, and varieties of native plants.

California native plants use, on average, one-seventh of the water of most non-natives, which contributes to the health of our river systems and aquifers. Once established, many California natives need minimal irrigation beyond normal rainfall. Saving water conserves a vital, limited resource and saves money, too! Look how beautiful a native garden can be!



A second advantage to California Natives is that research shows that native wildlife prefers native plants. I'm sure you've read about the monarch which requires the California Aesclepias (milkweed) to

survive. I planted several of these plants two years ago and we had many monarchs this past summer in our garden; it was delightful to sit at my desk and watch the monarchs fly between the plants outside the window. The hummingbirds and bees also indulged in the native plants in my garden. California's wealth of insect pollinators can improve fruit set in your garden, while a variety of native insects and birds will help keep your landscape free of mosquitoes and plant-eating bugs. At right is a photo I took this past summer of a monarch enjoying the plants in my garden.



A third advantage is lower maintenance. While no landscape is maintenance free, California native plants require significantly less time and resources than common non-native garden plants. California native plants do best with some attention and care in a garden setting, but you can look forward to using less water, little to no fertilizer, little to no pesticides, less pruning, and less of your time.

If you're interested in more facts about California Native plants, check out www.cnps.org. For a more in-depth study of what California natives will thrive here, check out <https://calscape.org>. You can put in your zip code and lists of photos of plants specific to our area will come up on your screen.

This spring and summer, check out the Theodore Payne Foundation gardens or, for now, visit their website www.theodorepayne.org.

"Come, butterfly

It's late -

We've miles to go together." ~ Matsuo Basho

~ Patti Pitts, pattipitts@gmail.com

SAFETY COMMITTEE SAFETY 4 “ALL” SEASONS

We would love to have you join our Safety Team! If interested in helping to make Four Seasons a safer community, please consider joining the Safety Committee. No prior safety experience is required, only a desire to contribute to the enhancement of our neighborhood. Yes, you can make a difference!

Winter Weather Driving Safety Tips

Winter weather driving can be challenging. Therefore, it is important to exercise more caution while driving. Wet, slick roads decrease your ability to maintain control of your vehicle.

Whether driving on Four Seasons property or on the city streets, try to adhere to the following guidelines:

- Check your tires. Make sure your tires are inflated properly and the treads are not worn down.
- Reduce your speed. Drive slower in rain or icy conditions. Even with better roads, better tires, and anti-lock brakes, many drivers get into accidents because of a skid in bad weather.
- Allow more time to slow down when approaching other vehicles, curves, and intersections.

- Give more distance to the vehicles ahead of you. In inclement weather, double the normal following distance.

- Never jam the brakes. This will lock the wheels and throw them into a skid. Instead, apply the brakes slowly.

- Make sure your windshield wipers are in good condition.

- Make sure your headlights are on during rainy conditions and when using your windshield wipers. This will increase your visibility to other drivers, and it's the law!

Play it safe! The maximum speed limit on our property is 30 mph on Four Seasons Circle and 25 mph on the residential streets. However, remember to slow down when inclement weather or unsafe conditions are present!

As a reminder, we meet the first Tuesday of the month at 10 am in the RCN Conference Room. We encourage you to join the meeting should you have any concerns or if you would simply like an update on our ongoing safety projects. All the best. ~ **Frank Hilberg**, hilbergfrank@gmail.com

SOCIAL COMMITTEE

Our next event, “The Swingin’ 60s,” is March 4 and features tributes to Dusty Springfield, Peter & Gordon, Chad & Jeremy, Simon & Garfunkel, Wilson Pickett, James Brown, and many more.

Tickets go on sale Feb. 6 at 9 am in The Lodge Ballroom. Tickets are \$25 per person. Doors open at 5:15 pm and the show starts at 6 pm. Seating is first come-first serve at tables. Bring your favorite beverage and money for raffle baskets — it helps us raise funds for upcoming events. The dance floor will be hopping so invite all your neighbors. Tickets will open up to non residents the last two weeks before the event. ~ **Loretta Ramsey**, lorettaramsey@aol.com, (714) 803-6744



*Thank you everyone who attended our New Years Eve event.
It was a blast!*



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think well, love
well, sleep well,
if one has not
dined well."*

Virginia Woolf

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February Puzzles

If you are a beginner at playing Sudoku, here is a brief tutorial.

Sudoku is played on a grid of 9 x 9 spaces. Within each row and column are 9 squares made up of 3 x 3 spaces. Each row, column, and square (9 spaces each) needs to be filled out with the numbers 1-9, without repeating any numbers within the row, column, or square.

If the instructions above are not sufficient, simply Google "Sudoku for beginners." There are loads of instructions from novice to expert.

If you're new to Sudoku or have questions, message us at rwgeiser12@yahoo.com or call (406) 261-3759.

Puzzles created by Ray Geiser. Solutions on page 70

7				8			3	
3			2			1		
1	4	9	5		7			
	6		7	5		3	8	
		1		9		5		
	8	3		6	4		9	
			4		3	7	2	8
		2			5			4
	1			2				3

EASY

						7		
	1				9		4	
		2	3	6				
3	9		4	7				
8								
				8	2		5	9
				3	4	6		
	4		2				7	
		6		1		9		

HARD

1	8		9					
			1	3			4	8
		9			5	3		7
	1	7		4	3			
4	3						2	1
			7	8		6	3	
9		4	3			1		
3	2			5	7			
					9		5	3

MEDIUM

FOR THE HEALTH OF IT FITNESS

We are Dan and Lily Partridge, group instructors with "For the Health of It" fitness program. We're a husband-and-wife team who are passionate about the health and fitness lifestyle and have committed our lives to educating and helping others to live a healthier and better-quality life.

Strength and balance training is essential for older adults, that is why we have developed a class designed especially for adults over 60 regardless if you are just beginning your fitness journey or have been exercising for years. Strength training can greatly reduce age-related muscle loss, improve mobility, decrease bone loss, and can even help combat depression and cognitive decline.

Along with our circuit-strength class, Lily also leads ZUMBA FITNESS®. ZUMBA® is a dance fitness formatted class that is great for losing weight and toning your entire body as well as helping boost your heart health, de-stressing, improving coordination and over-all makes you happy.

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Did you know you can do a whole PowerPoint presentation from your phone? Neither did I until I was presented with a problem. I've been active in my temple (Congregation Shalom Bayit in Banning and Beaumont) since we moved here in 2006. I've been treasurer for over 10 years as well as editor of our newsletter. As is so often the case, many volunteer organizations rely on a few to do the work for the many. Actually, not that many considering we usually have about 30 members these days.

Sometimes the "burden" of leading a group can be light. For example, I started the Four Seasons Classical Music Club in June of 2013. The only thing I've done to promote it is to write a short, descriptive paragraph for the *Breeze* which remains unchanged to this day. Our email distribution list has never exceeded 30; it doesn't take much to keep the group going. My biggest responsibility besides showing up each month (the second Thursday of the month at 7 pm in The Lodge Theater, by the way) is to choose a featured composer and write two emails a month.

My temple responsibilities are much greater, self-imposed as they may be. Basically, the president and I do almost all the work. So, in an effort to make life a little easier for the both of us, I've changed the way we celebrate havdalah. No need to look up havdalah, I'll explain it. Most well-supported temples have a service at the beginning of the sabbath on Friday night and a Saturday morning service where the weekly portion of the Torah (the first five books of the Old Testament) is read. And some recognize the end of the sabbath on Saturday evening with a havdalah service.

At our temple, we have one Friday night service and one Saturday night havdalah service a month. While having a dinner (in not a havdalah tradition), we have in the past had either a catered or potluck dinner just before our havdalah service. Organizing, setting up, running, and cleaning up that evening is a lot of work. So, I've changed things around by having every havdalah in the private dining room of the Bistro in The Lodge. No more having to find a caterer or organize a potluck each month.

OK, enough background already. Here comes the app; well, almost. As opposed to our Friday evening service where we use prayer books and songbooks, the prayers of havdalah are projected on a screen as part of a PowerPoint presentation. In the past, that required having

our rabbi bring his computer to havdalah. I wondered if we could simplify things even more by using my iPhone instead of a computer. So, I asked our rabbi to email me the service. Sure enough, I could see the service right on my phone. Using an adapter cable connected to a projector, whatever was on the screen of my phone could be seen on the projector screen. The only trouble was that it wasn't in the one-slide-at-a-time format we're all used to. (I'm sure there must be a more up-to-date word than slide, I just don't know what it is.)

The solution turned out to be as easy as going to the App Store and searching for "powerpoint." Sure enough, there is a PowerPoint app for smartphones which I downloaded. Once installed, I open the app, select the presentation stored on my phone or even offline, press the Play icon, and there I go. Each slide is shown one by one with arrows going either way. In my case, I bought a cheap remote that can control my phone over Bluetooth so once it's connected, I can be away from my phone and still control the show. Among my temple responsibilities has been moving through this slide show so that won't change. But this isn't all sunshine and roses. I have to pay a monthly charge for this app. In my case, I'm happy to do it.

But back to sunshine and roses, a Skype subscription comes with the monthly fee. So, next time I have to call someone in Europe (hasn't come yet in 80 years, but you never know), I'll be able to call for free.

If you use an app you'd like to share with others, let me know at steve.benoff@verizon.net. ~ **Steve Benoff**



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NEIGHBORHOOD WATCH & COMMUNITY AWARENESS

Our January meeting featured Sara Logan of the California Operation Life Saver. The group works with the Riverside County Transportation Commission and the information presented by Sara Logan will be a helpful source of information to our residents in our everyday lives. We all face the traffic issues, such as pedestrian and rail safety. The presentation was well attended by our residents who asked many questions relating to the topic.

The next presentation will be by Union Pacific Railroad's representatives who will discuss the length of their trains, length of time the trains stop and block roadways, and backups caused by these stopped trains. This presentation will be on Wednesday, Feb. 11 at 10 am in The Lodge Ballroom. Please plan to attend.

Now that we have begun a new year and have passed the holiday buying season, please stay alert for the numerous scams that seem to focus on mature adults. We continue to receive emails alleging to have been sent by Social Security requesting immediate action or information needed by them. Social Security sends letters in the mail delivered by the United States Postal Service. Even their verification



can be made to ensure the letter and the return address for any information to be sent is in fact associated with the Social Security Administration.

In addition, many residents have been getting emails from Amazon, FedEx, and UPS referencing undeliverable packages requiring additional personal information in order to have these packages delivered. Please do not give any personal or confidential information to any of the requests listed. Call Amazon, FedEx, and UPS to clarify information on any alleged undeliverable packages.

Please be careful driving through our community and stop at all stop signs. As mentioned in last month's article, please yield to vehicles already in roundabouts, and observe the posted speeds in our community. It is 30 mph on Four Seasons Circle, 25 mph on residential streets, including Green Creek Trail, and the alleys at 15 mph.

Thank you to our Block Captains and all the Neighborhood Watch members for all that you do to keep our community safe.

Have a safe and healthy 2023. ~ **Jerry Monahan, (951) 212-8898**

February Is "Heart Health Month..." How Are You Protecting Yours?

February is "Heart Health Month," and we want to help educate you on how you can protect the most important organ in your body. There are many resources available to help you live a healthier lifestyle and ward off heart disease.

Our heart is responsible for pumping oxygen and nutrient rich blood throughout our body. The heart muscle weighs between 8 and 12 ounces, and is divided into four chambers that coordinate to pump blood in and out of the heart. Oxygenated blood from the lungs is pumped throughout the body, contracting at 60 to 80 beats per minute.

Heart disease occurs when the arteries in our body become clogged with plaque. Diseases that contribute to heart disease include high blood pressure, high cholesterol, diabetes, obesity and smoking. Statistics indicate that one in four deaths in the United States is attributed to heart disease.

The best way to protect your heart is to stay active, lead a healthy

lifestyle, eat a heart-healthy and balanced diet and reduce stress in your life. Celebrate "Heart Health Month" by taking time to educate yourself and your family about heart health risks, lifestyle changes, exercise and cooking healthy meals.

There are many organizations that provide free information on how to maintain a healthy heart. The American Heart Association, The American Red Cross and The Centers for Disease Control and Prevention have websites that provide ample information on how to protect your heart from disease.

Also, schedule regular visits with your physician to discuss your health. Get trained in CPR and the use of a portable cardiac defibrillator should you be needed to assist a victim of cardiac arrest. Most importantly, if you experience chest pain, chest pressure or shortness of breath please call 911 immediately! ~ **Submitted by Donna Gilbreth, Neighborhood Watch Steering Committee Member**

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Pets On Parade

To have your pet featured in Pets on Parade, please send a high resolution photo with a caption to FourSeasonsNews@yahoo.com. Please put "Pets" in the subject line.



*Kona gets a Valentine kiss from Jagger.
Submitted by Jeff and Teri Davidson*



Mochi loves shopping, going on trips, train rides, flying, and going to the movies. Submitted by Juana Alamos



Who has more fun than humans and dogs? Photo by Daniel Scott Frymire

Expressing Gratitude

If you have seen an act of kindness or have received one, please share with the community. Let's spread gratitude! Email your gratitude to fourseasonsnews@yahoo.com or go to The Lodge Lobby and fill out a gratitude note and put in the box marked "The Box of Gratitude." Thank you.

I am so ever thankful for the love and friendship of my neighbors Claudia and Charles. ~ Irma

The residents and management of Four Seasons would like to thank Beatriz Reyes, All About Cleaning's amazing employee, for her ability to deal with overwhelming clean-up jobs with the best attitude ever! ~ Anonymous

Have you ever asked yourself how fortunate you are to have moved into Four Seasons Beaumont? If you have, I can answer that question for you with enthusiasm: "VERY fortunate!" What community has people with the energy and giving spirit of Dave and Janine Rohrbacher? Phil and Elizabeth Westbrook? Or Pete and Eileen Antoine??? to name a few... Nobody I'll betcha! Thanks, fellow residents. I treasure your friendship and contribution to our enjoyment of life at Four Seasons Beaumont. ~ Jan White

Thank you so much to the inside and outside staff for making Four Seasons so Christmassy! I especially love the windmill decoration. It's beautiful! ~ Janet McAdamis

We would like to say a big thank you to our neighbor Sheila Marshall - thanks for always being there to help with our dogs Cana and Candi and for sharing your fabulous meals with us. We love you! ~ Jay and Lori M.

While walking up trail A I took my phone out of my pocket to check the time, and unknowingly dropped our credit card onto the trail. Some time later Laurie Wolfenden spotted our card on the path and took it home. Once home, Laurie looked us up in the directory and called. What a huge relief this was! We are indebted to Laurie and so grateful for her honesty and conscientiousness! ~ Karen Evans

I'd like to express my gratitude to Lilly Saiti. I had an idea to have a volleyball club and I asked her step-by-step how to do it and she helped me above and beyond. I am so grateful for her help. Thank you Lilly, from the bottom of my heart! Julia Dobos

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FOUR SEASONS VETERANS PARK

This is an SOS. We desperately need help — NOW! Our club needs some members who are willing to engage in the mandatory duties needed for survival. Any volunteer club that needs to raise funds needs three officers: Commander, Finance Officer, and Adjutant. Side-liners are important but will not help our club survive.

We have had two offers of donations but cannot accept them without a bank account and a tax-deductible account number. Without donations, we are unable to maintain the individual markers, the flag or activities on special veteran days. The workload for these officers is not onerous, a couple of hours one to three days a month.

The club will continue to meet the last Thursday of each month in The Lodge Game Room — please attend.

February is the birth month of our country's number one veteran — George Washington. His leadership during the American Revolutionary War will be highlighted by flags at the Veterans park during the month. A second set will recall the role of railroads during the Depression and WWII for our service members. ~ *Len Tavernetti, ltavernetti@hotmail.com*

Valley Forge



Valley Forge functioned as the third of eight winter encampments for the Continental Army's main body, commanded by General George Washington, during the American Revolutionary War. In September 1777, Congress fled Philadelphia to escape the British capture of the city. After failing to retake Philadelphia, Washington led his 12,000-man army into winter quarters at Valley Forge, located approximately 18 miles northwest of Philadelphia. They remained there for six months, from December 19, 1777 to June 19, 1778. At Valley Forge, the Continentals struggled to manage a disastrous supply crisis while retraining and reorganizing their units. About 1,700 to 2,000 soldiers died from disease, possibly exacerbated by malnutrition.



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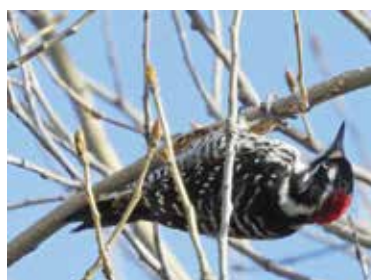
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BIRDING CLUB

It has been a good winter for Dark-eyed Juncos, starting with our first-of-season sighting on Dec. 4. On Dec. 24, Tina Canon spotted our first-of-season Western Bluebirds on Goodrich Rock. During our morning bird walk on Jan. 7, we saw a nice variety of winter birds and we finished the morning with 20 species. The highlight was great looks at an acrobatic Nuttall's Woodpecker. Following the regular bird walk, most of us took a "mini-field trip" to The Summit then to bird upper Trail C around Veterans Park, specifically to search for Dark-eyed Juncos, where I had seen them a few days prior and where they had been seen in prior years. Most of us gave up after about 15 minutes, but Kara Jakse and Kathy Burgis persevered and finally spotted three Dark-eyed Juncos and also spotted a first-of-season White-breasted Nuthatch! Later in the day, Bill and Genie Cooper, Gerrie Karczynski, Barbara Wasco, and I spotted six additional species, bringing the day's total to 28. Highlights included an appearance of the White-throated Sparrow that has visited my feeder sporadically since Nov. 10 and Barbara Wasco's sighting of more Dark-eyed Juncos at her feeder (our Bird of the Month). ~ **Steve Edelman**, steve.h.edelman@gmail.com



Above: The Birding Club stops for a photo-op on Trail A on Jan. 7



Left: An acrobatic Nuttall's Woodpecker. The red crown indicates that this is a male. Photo by Gerrie Karczynski during our Jan. 7 bird walk

BIRD OF THE MONTH

The Dark-eyed Junco is a type of sparrow with a pink bill and a white-edged tail. Six subspecies are easily recognizable. The "Oregon" subspecies of the western U.S. (including southern California) sports a dark hood and warm brown back and flanks. Males sing a musical trill that lasts up to two seconds. Dark-eyed Juncos breed in coniferous or mixed forests across most of Canada, U.S. mountain west, and the Appalachian Mountains. They winter in a wide range of habitats from woodlands and

fields to parks and backyards in western and southern Canada, the entire lower 48 states, and northern Mexico. In southern California, "Oregon" Dark-eyed Juncos breed in our local mountains and winter throughout the area. Thus, our first-of-season Dark-eyed Juncos were seen on Dec. 4 in a small flock on upper Trail C (Veterans Park), where they have been seen most often in past years (with all of the "Oregon" subspecies). A single "slate-colored" Dark-eyed Junco was at my feeder the following day, a subspecies first record for Four Seasons! During our

Jan. 7 bird walk, Kara Jakse and Kathy Burgis spotted a small flock of Dark-eyed Juncos on upper Trail C and Barbara Wasco saw four at her feeder.



"Oregon" Dark-eyed Junco. Photo by Mia McPherson



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KARAOKE

What a great night we had to celebrate Christmas with Jammieoke. Everyone had a lot of fun wearing their PJs while singing Christmas songs. Congratulations to the contest winners! The sugar highs were everywhere with all of the cookies, candy and treats in the room. I am starting theme nights each month which began with Country night in January. February will highlight songs of the 60s. More to follow on the themes for future months.

As a reminder, karaoke is held every third Saturday of each month starting at 5 pm and a smaller/practice night is held every first Tuesday of the month which starts at 6 pm. If you are looking for a fun free night of entertainment you should order some dinner and come out to watch the show. Call me with any questions. ~ **Dave Rohrbacker**, (909) 712-2292, dave.rohrbacker@icloud.com



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BOOK CLUB

Our selection for Feb. 14 is *Our Missing Hearts* by Celeste Ng. Here is a brief description from Amazon.com: "Twelve-year-old Bird Gardner lives a quiet existence with his loving but broken father, a former linguist who now shelves books in a university library. His mother Margaret, a Chinese American poet, left the family when he was nine years old without a trace. Bird knows to not ask too many questions, stand out too much, or stray too far. For a decade, his family's life has been governed by laws written to preserve 'American culture' in the wake of years of economic instability and violence. To keep the peace and restore prosperity, the authorities are now allowed to relocate children of dissidents, especially those of Asian origin, and libraries have been forced to remove books seen as unpatriotic. Bird has grown up disavowing his mother and her poems; he doesn't know her work or what happened to her, and he knows he shouldn't wonder. But when he receives a mysterious letter containing only a cryptic drawing, he is pulled into a quest to find her. His journey will take him back to the many folktales she poured into his head as a child, through the ranks of an underground network of librarians, into the lives of the children who have been taken, and finally to New York City, where a new act of defiance may be the beginning of much-needed change."

Our meetings are held on the second Tuesday of each month at 9:30 am in the RCN room #3, and someone volunteers to lead the discussion about the book we have chosen for the month.

For more information about the Four Seasons Book Club or to get on our mailing list, please contact me at michelesrosen@gmail.com. ~ **Micki Rosen**



TRAVEL GROUP

Lots of good news to tell this month. We are looking forward to another year and more trips.

Our Travel Expo was a big hit not only with residents but the vendors as well. They donated several prizes for our raffle plus some had their own drawings, raffles, and giveaways as well. It was fun and interesting. We also met new vendors and saw what they had to offer.

Thank you to the members who volunteered their time doing set up, take down, and whatever job they were asked to do — your help was greatly appreciated.

We meet the third Saturday at 10 am every month (instead of every other month) in The Lodge Ballroom and we will have a new speaker each month. Come see who is there and what they have to offer.

Our trips and events are open to all residents and you don't have to be a member to travel with us or to attend our events. For more info, call Joni Truelsen at (661) 390-5512 or email me at

jonitruelsen@yahoo.com. For membership info, email Irene Welker at Irenewelker55@gmail.com and put "New Member" in the subject line. Our next meeting is Feb. 18. See you all then and remember, you never know what life may bring so enjoy yourself and travel. ~

Joni Truelsen

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ITALIAN AMERICAN CLUB

As a result of a Town Hall meeting by the HOA Board of Directors, we canceled our January meeting. Many of our club members attended the Town Hall meeting on information on a solar contract.

Our next meeting will be on Thursday, Feb. 9 at 5:30 pm at The Courts. The Steering Committee is currently planning activities for this meeting and information will be published in the Daily Report as it becomes available.

The Italian American Club is open to all residents of Four Seasons. You do not have to be Italian to join our group or come to our meetings. We would love to have you come visit with us.

To all our Italian American Club members and all residents of Four Seasons, we hope we will see you all soon. Non Vedo L Oro Di Vederti Presto (Looking forward to seeing you soon). ~ **Barbara Dipoma, (805) 377-2616 and Jerry Monahan, (951) 212-8898**

CARS & COFFEE

Unfortunately, due to my being under the weather I was unable to attend Saturday's meeting in January, so this writing will be brief. I did get some information from some who did attend.

The weather was dry but cold. Only about a dozen cars and their owners showed up. Next month I am sure that we will have a larger turnout and I will definitely be there. Since I was unable to take pictures of Saturday's meeting I've included photos from previous events at right.

We meet the first Saturday of the month at 9 am at The Lodge parking lot. Please join us at our next meeting Feb. 4 and enjoy some hot coffee and donuts with other car enthusiasts. For more information, please contact Frank Morales at (951) 203-4578 or fmoralesjrinc@aol.com or Rick Morales at (951) 255-4710 or onemth53@yahoo.com. ~ **Frank Morales**



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STEP IT UP LINE DANCING



What a great month we all had with parties galore. Step it up Line Dance had its share of fun too. We had a small Friendsgiving party for Thanksgiving and a Christmas party during class time with a fun gift exchange game (with a twist) that had everyone in stitches when a #5 was rolled.

Those of you who played know what I'm talking about.

We took a small break after Christmas and started up a new basic beginner class on Jan. 9. I also teach a Wednesday night beginner class that is quite popular as it follows the same curriculum as Mondays and has adopted the name Wet 'n Wild Wednesdays. This class is at 6:30 in the Ballroom also. My purpose for class is to

first and foremost have fun by joking around and getting to know each other, which is why we all get along so well. We do many other activities together outside of class such as dance at karaoke at Four Seasons. I also taught dances at Calimesa Country Club. We go to the summer concerts in Banning and our Barn Burners are the highlight of the parties. If you want to have a good time, show up to a Barn Burner and you'll be hooked on fun and dancing. Bottom line, these classes are more than just a dance class. The classes are an opportunity to create new friendships, have some fun and get some exercise as well. Contact me with any questions you may have.

~ *Janine Rohrbacker, etgrad76@icloud.com*

COUNTRY LINE DANCING

We are having a FREE Line Dance Party in the Ballroom on Feb. 25 4:30 pm. Please see more details in the Activities Report online.

Why is Country Line Dancing so popular? The music tells a story, sometimes funny, sometimes sad, many times just about a life experience. The beat is usually easy to follow. Our dances are mostly easy on the body and we try to "adjust" a step whenever necessary. We dance for fun and exercise. Dancing to music gives a flow to the steps. Most of our dances are 32 steps until we get to the advanced class. We were not born knowing how to dance, just as we weren't born knowing how to hit a baseball or make a quilt. When we start, we learn one step at a time and then combine those steps into a dance.

I am having surgery early this month and will not be able to teach a new very beginner class until later in the year. I just finished my last very beginner class and some dancers are moving into the beginner class. Many of the steps are the same, just arranged differently in a new dance. Some of the advanced dancers will be teaching/leading the beginner and intermediate classes. They did a fabulous job when I was out last summer, and I am certain they will do so again this time.

Be sure to stay for Doug and Cathe's Advanced Class at 3:30 pm. At least watch the dances and see if you can pick out some of the



steps you just performed in the other classes. Be sure to try some of the dances. It will help you add to your dance steps, and just maybe you will surprise yourself

that you can do a new/harder dance. With each dance you learn, you gain confidence and a sense of pride at what you accomplished. So go for it, try something new.

Hope to see you on the dance floor! ~ *Martha Franck, marthafanck@icloud.com, (714) 345-8588*

HEART & SOUL LINE DANCE

Do you enjoy dancing? Heart and Soul Line Dancing is in Da House! Why not join us Wednesday for an afternoon of fun? Dancing is a great way to burn calories while giving your heart, body, and soul a workout. You won't even feel like you're exercising.

Dance schedule: Beginner: 4 to 5:10 pm • Intermediate: 5:10 to 6 pm.

No partner necessary, just wear comfortable shoes (no flip-flops) and bring water. See you on the dance floor!

Any questions, call me at (909) 239-6464. See you on the dance floor! ~ *Priscilla Robles*

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LET'S DANCE!

Our holiday dance, "Winter Wonderland," was a wonderful success! It was a perfect combination of wonderful food, wonderful atmosphere, wonderful company, and of course wonderful dancing to the music of the live band The Marvels!

Happy New Year to all! Ready to put your New Year's resolutions into action? Let us help!

Are some of your New Year's resolutions below?

- Be more active and exercise? Dance is the answer!
- Better cognitive skills? Dance is the answer!
- More social activities? Dance is the answer!

Come and join us for the dance of the month for February – Foxtrot and slow social dancing. The foxtrot is a smooth, progressive dance characterized by long, continuous flowing movements across the dance floor. It is danced to all types of music. The foxtrot is perfect for weddings and cruises. It is also the perfect counterbalance to the swing which is usually done to faster music to round out your event.

For any new residents, it is important to know that our dance group is not made up of professional dancers we are just recreational dancers. We are a group of fun people who want to learn to dance. We at Four Seasons are fortunate to have professional instructors here to help us learn the proper way to do it. It is more than just dancing to us; it's friendship, accomplishment, learning, social support, and exercise for our bodies and minds.

We meet in The Lodge Ballroom every Monday evening with FREE open practice and review from 6 to 6:30 pm. Beginner class is from 6:30 to 7pm with intermediate class from 7 to 8 pm. The cost is only \$10 per person for professional instruction and you are welcome to stay for the entire class.

For more information, please contact Brian Fusilier at (909) 215-2778 or Lisa Johnson at (714) 3223-8877. See you on the dance floor!

~ *Lisa Johnson*

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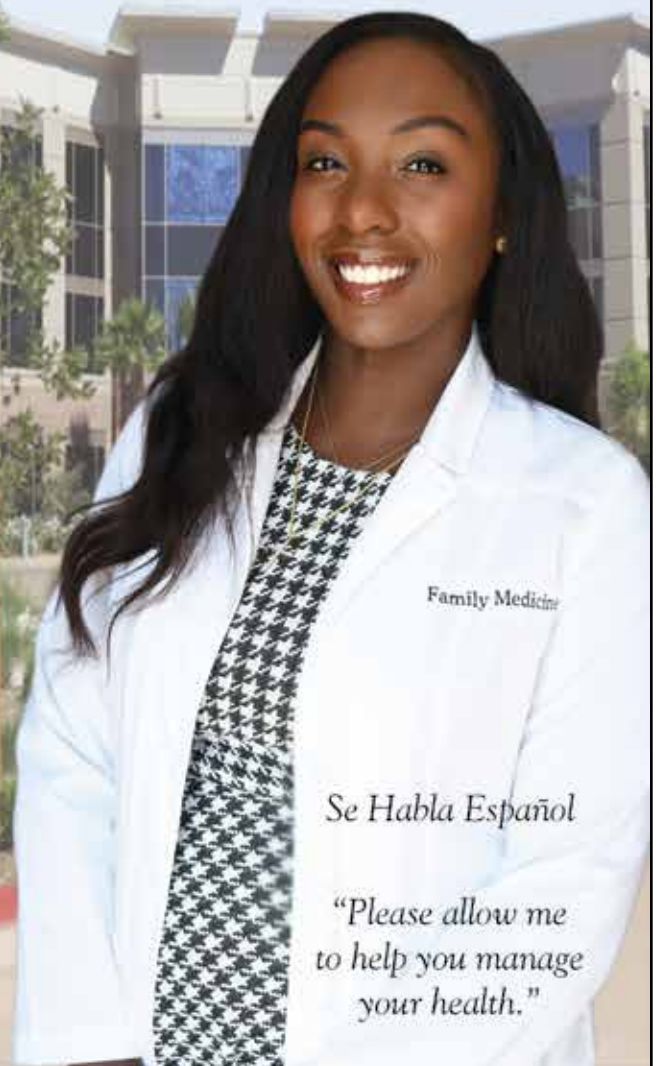
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AFRICAN AMERICAN CULTURAL CLUB

Black History Month Matters — February is Black History Month

It is a time to celebrate African American culture and recognize its role in shaping American life.

As Americans over 50, we have lived through extraordinary moments in history. We have seen breakthroughs in civil rights, the election of our first Black President, and much more.

Every February, it is always good to reflect on the incredible feats and achievements that African Americans have made throughout history. From Harriet Tubman's selfless effort to free over 300 slaves through the underground railroad, to former U.S. Representative John Lewis's incredible courage during the civil rights movement, African Americans have done remarkable things.

We should remember the time when Rosa Parks bravely defied segregation laws or reflect on how Maya Angelou, an American Memoirist and poet, inspired us all with her words. These extraordinary individuals leave behind legacies we can learn from, and we should honor them and others so their stories do not get lost in the pages of history.

Here are some interesting facts that you may not know about Black Americans.

- Free African Americans have been contributing to the U.S. economy since the 1790s.
- During the Civil War from 1861-1865, over 200,000 African Americans served in the Union Army.
- Dr. Carter Godwin Woodson, a prominent African American historian, founded Black History Month in 1926.
- In 1959, Ruby Bridges was the first Black student to attend an



integrated public school.

- In 1976, President Gerald Ford officially recognized Black History Month and encouraged all Americans to participate in its celebration.

- From 2007, the number of Black-owned businesses has increased by 34 percent.

As we celebrate Black History month, let us reflect on why this special month matters for us as we look back with perspective at how far we have come since the age of segregation and civil unrest in this country.

The African American Cultural Club's next meeting will be on Monday, Feb. 6 at 6 pm at The Lodge. Come and join us! Everyone is welcome. For more information, contact Wanda Valentine at (951) 544-1606. ~ **Regina Thomas**



*Six-year-old
Ruby Bridges
and friends*



*Historian,
Dr. Carter
G. Woodson,
(1875-1950) is
known today
as the Father of
Black History*

COMMUNITY GARDEN CLUB

Our next free event is Saturday, March 18 at 10 am. Check the Activities Blast for the topic as we get closer.

On May 20, we will host a home garden tour so that you can visit and experience all sizes and types of successful gardens by your Four Seasons neighbors. Tickets are only \$5 and each home will have an ambassador on hand to share highlights of each garden. Thank you to Mona Swinehart for chairing this sub-committee and thank you to our members who volunteered to help organize this event: Bonnie Makela, Diane Gray, Karen Evans, Margi Spies, Nancy Justice, Pam Morales, Patti Pitts, and Patti Stone. For info or suggestions for future topics, please contact pwayne1@outlook.com. ~ **Pat Wayne**

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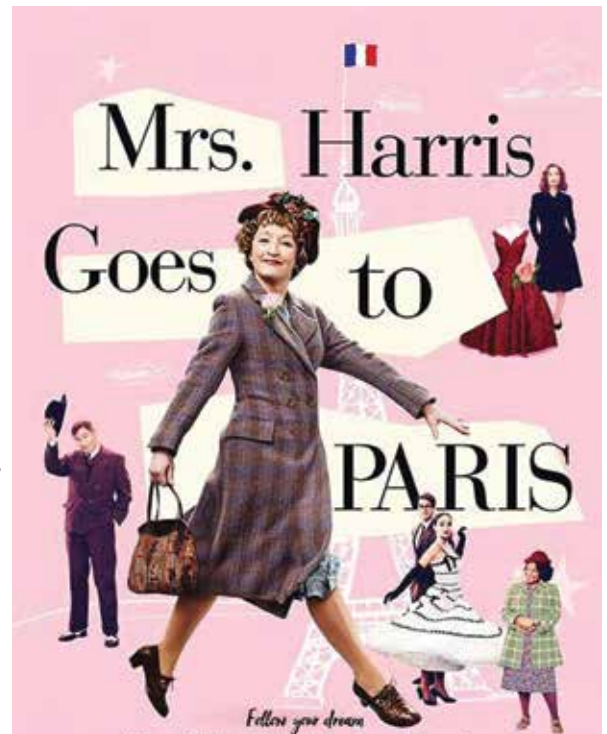
COUNTER CULTURE CINEMA CLUB

The club has screenings on the second and fourth Sundays of the month. We screen films you won't find at the big Cineplexes: documentaries, indie films, foreign films, and other little gems that don't get wide release.

Due to the Super Bowl game falling on our first screening date in February, there will only be one screening this month.

Our screening for the month, on Sunday, Feb. 26 at 6 pm, is the film *Mrs. Harris Goes to Paris* (UK 2022, 1 hr. 55 min., English). Here is a brief description from IMDb.com: "In partnership with the House of Dior, *Mrs. Harris Goes to Paris* tells the story of a widowed cleaning lady in 1950s London who falls madly in love with a couture Dior dress and decides that she must have one of her own. After she works, starves, and gambles to raise the funds to pursue her dream, she embarks on an adventure to Paris which will change not only her own outlook, but the very future of the House of Dior."

All screenings are followed by lively discussion about the film; we'd love to have you join us. The Lodge Theater has very limited seating, so if you're interested in our screenings, come early; we hope to see you there. Please note that all films announced are subject to availability. If you have any questions about the Counter Culture Cinema Club or want to recommend a film, please email Micki Rosen at michelesrosen@gmail.com. ~ **Micki Rosen**



CLASSIC FILM GROUP

The Classic Film Group presents Alfred Hitchcock's *Dial M for Murder* on Feb. 28 and March 7 at 6 pm in The Lodge Theater.

In London, the wealthy Margot Mary Wendice (Grace Kelly) had a brief love affair with the American writer Mark Halliday (Robert Cummings) one year ago while her husband, professional tennis player Tony Wendice (Ray Milland), is traveling in a tennis tour. Tony quits playing to dedicate time to his wife and she decides to give their marriage a second chance. When Mark arrives from America to visit the couple, Margot tells him that she had destroyed all his letters but one that was stolen in a depot. She is blackmailed but she has never retrieved the stolen letter. Tony arrives home and claims that he needs to work and asks Margot to go with Mark to the theater. Meanwhile Tony calls Captain Lesgate - aka Charles Alexander Swann (Anthony Dawson) - who studied with him in college and blackmails him to murder his wife with the intent of inheriting her fortune. But there is no perfect crime and things do not go as planned.

Dial M for Murder is one of the best thrillers of cinema history, with a theatrical story supported by an excellent screenplay and top-notch performances. This time, the cameo of Alfred Hitchcock is in the picture of Tony's reunion.

In 1998, Andrew Davis remade this movie with *A Perfect Crime*, with Michael Douglas, Gwyneth Paltrow and Viggo Mortensen. ~ **Paul Plamondon, 4seasonsmoviegroup@gmail.com**



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MIXED MEDIA ARTS

This is the perspective of the artist of the month, Denise Treacy: *"Being the holiday season, I was inspired to paint a scene that felt like home. The painting shown here is 11"x14" using water-based oils. This image brought me back to my New*

England roots. By selecting this image, I had to step out of my comfort zone. As an artist, I typically enjoy working on fine detailed paintings which require a lot of control and precision. However, with this painting, I enjoyed the challenge of letting loose and taking an impressionistic style, letting the mood guide my color choices and strokes. I found that I enjoy the ability to paint what I feel. My fellow artists encouraged me through the challenge, which is what I love about this class. If you're looking for similar support and a creative community, come and join us!"

Classes are on Mondays from 10 am to 12 noon and/or on Wednesdays from 6 to 8 pm. There is a nominal \$5 fee per person, per session. If you have any questions, call Rob Kelman at (951) 992-9156. ~ **Rob Kelman**



PERFORMING ARTS CLUB

Our club continues to grow as we meet to enjoy 2023 and what the year can bring.

Auditions were held last month with various singers, dancers, readers, etc., excited to be part of the upcoming May show, *Remember When Rock was Young*.

Jan. 9 was the first meeting with the new leadership and everyone welcomes and supports them and our Club.

For any newcomers to Four Seasons, the Performing Arts Club (PAC) includes volunteers from our community who love to perform or be involved through many venues, singing, acting, tech, staging, producing, etc.

PAC will be active with three shows this year and some fun nights.



These shows are all free to our residents. Our calendar is set for 2023 so just keep us in mind.

We are always looking for new volunteers who are familiar with audio visuals, such as lighting, sound, etc. If you need more info, feel free to contact me or any officer.

Our next meeting will be in the RCN Main Room on Monday, Feb. 13 at 6 pm. Hope to see you there for fun and socializing.

Get your name on the mailing list if you are not already on it.

Any questions or if you wish to be involved, contact Marianne Bugni, PAC Coordinator, at (920) 517-2739, email lamarib77@gmail.com or Pat Wayne, President, at (949) 290-1811. ~ **Marianne Bugni**

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SEASONED SOLOS

Hello to everyone! Let us welcome the New Year as we look forward to lots of fun adventures.

We began the month with game date at The Summit. Game of the day was Mexican Train while enjoying the afternoon with friends.

Our holiday party was at The Bistro. Joslyn was our server and she did an excellent job taking care of us. We all enjoyed the food and had fun playing our gift exchange game. Thank you to Mike and his team for making sure we had a great evening.

A holiday highlight was watching the performance of Cirque de la Noel with the San Bernardino Symphony. The skilled acrobats were both in the air and on stage while the Symphony played and everyone had a wonderful evening. Thank you to Phyllis Kates for getting our tickets. We all had dinner prior to the show at Olive Garden.

Several of the group made the drive to Rancho Mirage to attend the annual Zoo Lights. The beautiful lights were fun and the chilly weather enhanced the winter feel. A few nocturnal animals were also out and about.

Our last event was a birthday lunch at Polly's Pies in Hemet. Our birthday ladies were Sandy Davis, Donna Madderra, and Monica Sarafian. Along with the large group, everyone had good food, service, and conversation.

The Seasoned Solos engage with others and develop friendships while doing a variety of activities. It is about looking forward to going out with friends and enjoying everyone's company. We invite you to our next meeting on Friday, Feb. 3 at 6 pm in The Lodge Arts & Crafts Room. Please let us know if you have any questions by contacting Joyce Olson at (951) 850-3055 or Nyla Cheely at (951) 285-7112. ~ **Nyla Cheely**



The group at the San Bernardino Symphony



Queenie, Victoria, and Judy

CROWN DIVAS RED HATS

What a wonderful way to start the day! On Dec. 10, we had a delightful Christmas breakfast. Victoria, the caterer from The Bistro, did a great job of seeing that the food and service were exceptional. After breakfast, the fun continued. We introduced the new "Vice Queen" Trisha, "Diva Sweetie Pie." Then the games began! "Diva Rethalma" brought a game never played by any one of us. It brought much friendly competition and laughter from beginning to end. Next large gift baskets were raffled adding to the excitement. Then it was time for the gifts. All the Diva's names were put in a basket and drawn one at a time. Each Diva picked out a gift. As they opened their gift in anticipation their smiles were picture-perfect. At the end of our meeting, holiday wishes and laughter could be heard throughout the room.

It was another fun Crown Diva gathering and we're already filling in our calendar with more fun events for this year. ~ **Irma Romero (Sugar Mama)**
Irmabsromero@gmail.com



Crown Diva Officers - Marion, Pepsi, Jeanette, Sandy, Joyce, Vickie, Trisha, and Irma



Honorary Crown Diva Cindy Graves

TASTE D'VINE

Do you like wine? Do you want to like wine? Do you want to learn about wine? Or do you just want to get out and mingle with other residents?

Well, we have the club for you. Taste d'Vine Wine Club is always welcoming new members to our club. We would love to have you join our fun group. We meet on the third Thursday of the month. For February, that falls on the 16th. Think of it as a late Valentine's celebration. We are looking forward to meeting you.

For the February meeting, we welcome Riboli Family Wines. Riboli owns 15 brand portfolios. The San Antonio brand may be the most familiar. Riboli has a sales/tasting room in Ontario along with Los Angeles and Paso Robles. They will be pouring their San Simeon brand for the February meeting. ~ **Gino Domico** gdomico@gmail.com



HANDBELL CHOIR

We had a great Christmas concert/sing-a-long. Residents of Four Seasons have been very generous and we have PAID OFF THE BELLS! We will continue to take donations for repairs and accessories.

Here is the list of the additional "Adoptees" and the bell that they adopted:

Jim & Bonnie Chappel - D#/Eb6, Fred & Cynthia Weck - E6, Chrissy & Kevin Phillippi - F#/Gb6 & G#/Ab6, Karen & Sam Evans - A6, Andi & Harry Henderson - A#/Bb6, Bill & Mary Christelman - B6, In Memory of Rose P. Olsen - C#/Db7, Perry Goldstein - D7, In Memory of Joanna Mary Olsen - D#/Eb7, Bob Lucas - E7, Tammy Goldstein - F7, Nancy Justice - F#/Gb7, Gretchen deCastellane - G7, Leo Battersby - G#/Ab7, In Memory of Gary Elhard - A#/Bb7, Christine Cushing - B7.

A big thank you to all who have supported us financially and by coming to our concerts. We practice on Wednesdays at 2 pm in RCN 3. If you are interested in joining us, contact Kathie Sundstrom at (303) 903-6850 or kathryn.buck@comcast.net. ~ **Kathie Sundstrom**



FOUR SEASONS SINGERS

If you would like to join us, would like to be included in my email list or have questions about the Four Seasons Singers, call (951) 797-3466 or email me at bawasco@dc.rr.com. ~ **Barbara Wasco**

CLASSICAL MUSIC CLUB

We are classical music lovers with an interest in sharing our love of, knowledge about, and interest in classical music. We meet on the second Thursday of each month at 7 pm in The Lodge Theater. We listen to and watch musical selections on the big screen. Each month we focus on a particular work or several selections of one composer. We also discuss current musical performances in the area. We welcome new members. Contact Steve Benoff at steve.benoff@verizon.net or (310) 413-4896. ~ **Steve Benoff**

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PHOTOGRAPHY CLUB

The key date this month is Thursday, Feb. 2. The Club will hold our first in-person meeting. All members and everyone who expressed interest should have received meeting information. As we have said for the last few months, we are taking the Club in new directions. We plan to focus on cell phone photography for the first meetings.

Howard Levine has developed an outstanding cell phone presentation. It will cover using the cell phone through proper photo techniques and post-editing. We will also explain the various types of cell phones and their capabilities. Those interested submitted one cell phone picture to introduce themselves. Please send any final photos to jacquesneddon@gmail.com by Feb. 1. Not much time.

In January, our table at the Club Fair was a great chance to meet club members, see our plans and tell us your vision for the Photography Club. Thanks to all who stopped by. We were glad to hear your ideas and comments.

We continue our twice-a-month Work-Study Group Zoom meetings. If you have a photography question, you are always welcome to join us. Contact Jacque Sneddon for meeting times and dates for the Work-Study Group.

This month's two colorful cell phone photographs are from Howard Levine, who will give our presentation.

If you have yet to receive our emails, contact Jacque at jacquesneddon@gmail.com. She will be glad to add you to the mailing list. ~ **John Baeyertz**, johnbz1453@gmail.com



Top photo: Howard Levine - Windmill Holiday Lights

Bottom photo: Howard Levine - Four Seasons Holiday Lights

RAINBOW GROUP



The Four Seasons Rainbow Group continues in our mission to support the local residents who identify as LGBTQ+ and anyone else interested in our community. We usually meet on the fourth Thursday of the month in the Ballroom. We introduce new members, share stories or news that might be of interest to the membership, occasionally hold potlucks, and host themed movie nights. We will gladly entertain ideas from anyone.

If you haven't signed up for our email list or feel that you did but are not receiving email, please contact us at rainbowgroup@myyahoo.com. Lastly, if you haven't already joined our Four Seasons Beaumont Rainbow Facebook group, please do so. Both avenues will keep you updated on any late-breaking developments, events, and details of our monthly activity. ~ **David Esquerre**

PLATONIC PALS

Have you or someone you know recently moved in? Lost a partner or spouse? Become sick or disabled? Do you know someone who needs a ride to get groceries or medicine, or just needs to get out for a while to go see a movie, have lunch, or go to the store? Maybe they want someone to go to a meeting or a function at The Lodge. Perhaps someone is having a bad day and just needs a phone call or someone to stop in for a short visit to let them know someone cares. Whatever the reason, call us and we can get a pal for you or them.

For more info on the Pal Program or to become a Pal, call Jonie at (661) 390-5512 or Candie at (562) 587-6591 and we will sign you up or send a pal to you. ~ **Joni Truelsen**



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QUILTING ENTHUSIASTS

Happy February. We have officially changed our meeting day to the second Thursday of each month. We donated several quilts to Hope Services in Redlands. This program helps teens with housing, clothing, and ensures that they continue their schooling. I will have pictures for the March issue. In addition to the second Thursday of each month for our meetings and Sit 'n Sew groups, it has been decided to keep our third Thursday Sit 'n Sew from 9 am to 4 pm for anyone who wants to just come, sit, sew, and socialize all things sewing and quilting.

For info, call (808) 430-7469, or email 4seasonsquilters@gmail.com. ~ **Mary M. Moody-Cox**

Susan Hagerman, right, presenting donated quilts to the director of Youth Hope

CRAFT GROUP

Don't miss out on making some creative projects this month. Come join us, we meet on Thursdays at 10 am in The Lodge Arts & Crafts Room. For more information, contact me at christimason02@yahoo.com or (951) 486-1091. ~ **Christi Mason**



KNIT & CROCHET GROUP

We meet Tuesday mornings from 10 until 11:30 am in the Arts & Crafts Room. We welcome all levels of knitters and crocheters to join us. We also welcome anyone interested in learning how to knit or crochet. Please email me if you have any questions. ~ **Marlene Doyle**, marlened3333@gmail.com

CERAMICS CLASS

Happy Valentine's Day! Ceramics Class has something for the novice crafter looking for a new hobby or someone who has experience and wants to create unique designs or pieces for friends and family. In addition to individual projects, we offer class projects throughout the year to teach new techniques.

Come and join in the fun. Drop by the Arts & Crafts Room to see our monthly ceramics class schedule and learn more about our

upcoming class projects. We meet Wednesdays from 1 to 4 pm. Please see the class schedule for any exceptions.

A certified instructor and/or an experienced team lead is available to support your crafting needs. Participation is at your own pace and frequency.

Call Loretta Ramsey at (714) 803-6744 or Brenda Ystrom at (909) 910-1100 for more information. ~ **Brenda Ystrom**

CRAFTY CARDMAKERS

In February, we will only have one meeting. We will meet on Feb. 24 at 1 pm in the Arts & Crafts Room. We will make three cards and the charge will be \$10. We will provide all materials and the envelope so your card will be ready to mail! You only need to bring scissors and glue.

Come and join us for a fun filled afternoon and meet lots of nice people!

Please remember to RSVP to the address below by Feb. 17 so we will have enough kits for everyone. Email Patty Grana at Granamemories@roadrunner.com or call (626) 862-2652. ~ **Maryalice Chorba**



"BELIEVE..." WOMEN'S BIBLE STUDY

On Jan. 6 we began our 10th year of "Believe..." Women's Bible Study with stories from eight ladies who volunteered to share a miracle they experienced in their lives. Each lady testified about how the Lord has blessed them through their miracle. From Jan. 13 until the first part of April, we will study the remainder of the Book of Proverbs, beginning with Proverb 19 to Proverb 31. On April 7, however, we will pause to have an Easter lesson. After we finish Proverbs, we will begin the next series: a study of Acts in the New

Testament.

If any of you beautiful Four Seasons women would like to join our Bible study, please come by The Lodge Game Room any Friday from 10:30 to 11:45 am and join us! Any version of the Bible is acceptable, and this is a non-denominational study. This is an awesome group of women, and we hope to see you soon! ~ **Eileen Gilbert-Antoine**, (951) 922-6829 or egcellent@msn.com

BEREAVEMENT GROUP

We made it through the holidays. How did we do? When we are dealing with a loss, the holidays can stir up many memories and emotions. The memories may make us smile but with that remembering, tears and sadness may come. Valentine's Day comes this month. Depending on whether or not you celebrated it or how you celebrated it, it too can bring up memories.

First and foremost, allow yourself to feel whatever it is you do feel. Maybe you will have wonderful memories of previous Valentine's Days. If so, enjoy them. Maybe you will be sad for the loss of what you had. Accept that and go with the emotions. Did you have any traditions at the holiday? You might want to carry on with them or you might want to start doing something completely different. Anything you choose to do is fine.

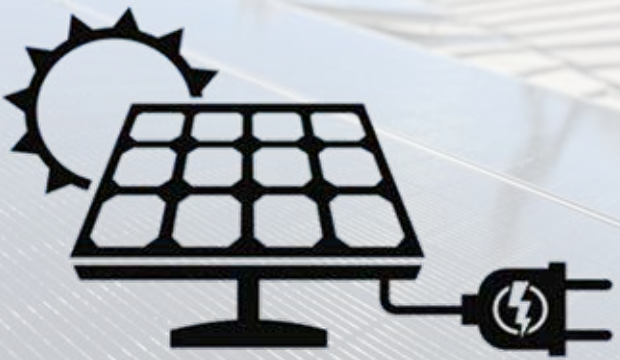
In some other cultures, giving someone something sweet is an act of friendship. Maybe you have some friends you'd like to let know how much you appreciate them. Or, maybe you'd like to get yourself flowers or candy to remind yourself of how special you are. Give yourself a spa day, go to the movies, or even volunteer somewhere. The choices are yours. Holidays will be different but they can be enjoyed.

The Bereavement Group is here so you can share your loss with others who have gone through their own. You are always welcome. We meet on the first and third Mondays of the month from 1 to 3 pm in Room 3 RCN.

For more information please contact Becky KG at (951) 524-0215 or email her at beckykg_1@yahoo.com. ~ **Becky Kotzin-Gustafson**

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TOPS

This year TOPS celebrates its 75th anniversary. To keep the celebration going all year, we have put together some history of our international organization.



TOPS was born around a kitchen table in 1948 when Esther S. Manz (at left) gathered with others at the Beulah Brinton Social Center in Milwaukee. Their desire was to support each other to thinner figures and better health.

The idea of meeting with other dieters for mutual encouragement occurred to Esther about three years after the birth of her fifth child. She discussed the idea with a physician who encouraged her to carry it out while

Esther worked to lose the “baby weight.”

After the *Milwaukee Journal* published an article about the new group, Esther recalled, “So many people showed up that we could hardly get through the crowd to our meeting room!”

From the very beginning, TOPS decided that anyone who succeeded in losing a lot of weight deserved royal treatment. Within a year, TOPS crowned its first queen. Queens and kings have been crowned in every year since 1957.

By the end of their second year, Esther was riding the bus to TOPS chapters all over town, carrying the TOPS scale and

records in a shopping bag. “No wonder I lost weight!” she said. Soon TOPS was earning headlines everywhere and receiving letters from as far away as England.

On April 9, 1951, Esther’s story appeared in *LIFE* magazine. By then, TOPS had grown to about 2,500 members. Esther’s telephone rang constantly from 6 in the morning until 11 at night.

In 1955, TOPS’ first Canadian chapter was chartered in Hamilton, Ontario.

Esther had long dreamed of a research program to help find causes and remedies for the problems of the overweight. This dream came true with the establishment of the TOPS Club, Inc. Obesity and Metabolic Research Program. By 1971, more than 200 TOPS members had participated. These studies have expanded and continue to this day.

In 1994, the Medical College of Wisconsin dedicated the TOPS Center for Obesity and Metabolic Research to recognize the \$4.5 million that TOPS Club,

Inc. had donated for medical research.

While in-person meetings are still the heart of the organization, TOPS can now be found on most social media.

In 2018, TOPS celebrated 70 years of service, having helped millions of people to take off and keep off pounds. With the support of TOPS, and our research partners in the study of the genetics of obesity, the promise for a safe, scientific way to prevent, manage, and treat obesity glows brightly.

So, that’s where we came from. In our local chapter, this month’s “Thinner Winner” was Pauline Smith with most weight lost. Johanna Ballard was in second place. This happens with exercise, mindful eating, motivation, portion control, new recipes, and meeting attendance. Congratulations you two.

You may find that a group like TOPS (Take Off Pounds Sensibly) can help you as well. We meet Tuesdays at 8:30 am in the Ballroom. For info, call Andi Henderson at (918) 497-6491. ~ **Andi Henderson**



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8-BALL CLUB

We practice on Mondays, Wednesdays, and Fridays from 6:30 to 9 pm. We meet on the first Wednesday of each month, have an 8-Ball Tournament on the second Wednesday of the month, and have a 9-Ball Tournament on the fourth Wednesday of each month.

We have been back to playing two additional 8-Ball Tournaments each month with Solera Oak Valley — one there on the second Monday of the month, and one here on the fourth Monday of the month.

For info, contact one of our officers: Captain Del Lyles, Sr., at (951) 845-5114 or Co-Captain Larry Rice at (951) 236-1156. If no one answers, leave a message and one of us will get back to you. ~ **Larry Rice**

WILD BUNCH BILLIARDS

The “Wild Bunch” is back in full swing! We started the New Year with a “full house” and, after a short holiday break, no one lost their skills and eagerness of competitive play.

The “Wild Bunch” consists of some of the best players in the league: Joe Spinella, Bob Rector, Mike Corbett, Paul Snyder, Mike Fisher, Scott Frymire, Dave Martin, Gary Condurucci, Verina Rector, and Gracy Luna.

If you want to play serious, competitive pool, we invite you to come by the Billiards Room Fridays from 12:30 to 3:30 pm and join in the stimulation of competitive play. We invite Sun Lakes and Solera to join us, and they bring their best game for some exciting competition.

Looking forward to seeing you! ~ **Gracy Luna, gracyluna@aol.com, (951) 292-3624**

CURLY CUES BILLIARDS

With 2023 off to a roaring start and New Year's Resolutions looking bleak, why not make a determined resolution to play or learn billiards with a ladies only group, Curly Cues? We play once a week on Mondays and have a new time for playing.

TIME CHANGE FOR THE NEW YEAR! Jan. 9 began the new play time for Curly Cues at 11 am and continues until 1 pm in the Billiards Room. Come on down and start your Mondays with a fun group of ladies playing pool. There is always room for more.

For more information, contact Barbara Morton at (559) 269-0908 or barb93720@yahoo.com. ~ **Barbara Morton**

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Marty Key



Lydia Luna



Pickleball Steering Committee: Back row Kelly Vucinic, Jeromee Liebenberg, and Julie McGrath; Middle row Jim Allard, Maggie Domico, and Jesse Aceves; Front row Gayle Wardenski and Nancy Barnaby

PICKLEBALL

It's exciting to have 2023 upon us, however I'll tell you what 2022 brought to Four Seasons pickleball, that is also exciting. A gaggle of new players! We are so excited to see so many new people on the courts in the morning and in the evening play. With the pandemic, hopefully, probably, should be, behind us, it seems our group has grown, which sure is fantastic. Hope you new folks are having fun and enjoying the game as much as the oldies, but goodies players do.

I have included a photo of our new 2023 Steering Committee members. Remember, they are the people behind the scenes who are donating a ton of time, making sure our club is successful and runs smoothly, organizing year-round fun events for all to enjoy. I am also including a photo of two special people who have been on

the committee for years, who have stepped down from their duties: Lydia Luna (four years) and Marty Key (12 years). They both have been a huge part in the creation and success of our club. A big thank you to both of them.

Winter sure is here at Four Seasons pickleball. I'll tell ya if you think it's too cold to play, just look at Maggie and Julie, sporting earmuffs, thermal underwear, three shirts and a parka. Maybe if you're more like Irma (who's from Alaska), you can just wear shorts and a t-shirt and be just fine in any weather. Whatever your tolerance or style, just come out and play. See ya on the courts! ~ **Shelley Allard**, shelleyallard@gmail.com

TABLE TENNIS

Ping pong players learn quickly that the secret to success in the sport is to keep your paddle on the ball. However, knowing it and being able to do it are two different things. It takes a lot of practice and a lot of eye-hand coordination. A few players have already mastered this secret and if you come and join them Monday through Saturday

from 2 to 4 pm at The Courts, they will share their secret with you and you, too, can find fame, fortune, and success in ping pong.

Contact Niles Sundstrom at nilstrom@gmail.com or (818) 826-1380 for more information about ping pong at Four Seasons. ~ **Niles Sundstrom**



L-R: Lian Lee, Sally White, Niles Sundstrom, Harvey Yukito, Mitch Harmon, Sandi Roberts Butter, Perry White, Julia Dobos, and Jeannine Baker

TENNIS CLUB

With the ringing in of the new year, activities for the Tennis Club are also starting to resurface from the deep winter hibernation. Brrrr!

One of these activities is the participation in the USTA leagues. Many of our club members have already been playing competitive tennis against other clubs since the first week of January.

For those who are not familiar with the USTA, it stands for the United States Tennis Association. It's the national governing body for the sport of tennis on every level in the U.S., ranging from local communities to the U.S. Open including amateur to professional tennis players. The USTA is the largest tennis organization in the world, with current membership more than 680,000 members.

Each year, our Tennis Club participates in many leagues sanctioned by the USTA. These leagues include Women's Singles, Women's Doubles, Men's Singles, Men's Doubles and Mixed Doubles, just to name a few. All of these leagues are also categorized by age groups. The matches are generally played against teams from other clubs in the Inland Empire or Coachella Valley. Playing in these leagues gives us plenty of opportunities to meet different players at different levels. At the same time, we have the pleasure of visiting some absolutely gorgeous facilities that resemble five-star vacation resorts.

Congratulations to one of our teams who made it to the Sectionals. They got to compete against other clubs last month who also won in their respective regions. Cheers to our Four Seasons USTA Team!

So, if you are a tennis player and would like to be a part of our USTA teams, please feel free to ask us about it.

See you all at The Courts!

Website: <https://sites.google.com/view/tennis-fourseasons/home>. ~ **Stan Lam**, (714) 757-2141, slamcpa@gmail.com



USTA #1
- Mixed
Doubles Team
(L - R) Larry
Zimmerman,
Stan Lam,
Lou Stokes,
Michelle
Carter, Julie
Perkins, Steve
Hovey



USTA #2 - Tri-
Levels Team
(L - R) Tom
Whittington,
Sally Jo Schwartz,
Bev Haller, Chuck
Beckman, Tammy
Pronenko, Randy
Haemmerle



USTA #3 -
Mixed Doubles
Team (L - R)
Larry Martin,
Lizzie Gallegos,
Bernadette
Chance, Bruce
Karp

PADDLE TENNIS

Our paddle tennis players enjoyed celebrating Christmas cheer in December. The Summit was beautifully decorated and we all enjoyed the food, and most of all, our friendship.

If you're looking for a fun bunch of folks and adding a new activity to your routine, come on down and join us. Feel free to contact me. ~ **Lizzie Carbajal Gallegos**, ecgallegos@outlook.com



SHUFFLEBOARD

We are now on our way into the New Year of 2023. January has brought us lots of rain and a beautiful view of the snow-covered mountains. What's in store for us for February? We continue to play shuffleboard on Monday and Saturday mornings at 9 am, unless the courts are wet. As you can see in my photo, during January, with the leaves falling from the trees, the drains for the shuffleboard courts got blocked up and the gutters became flooded. Luckily, pretty much all of the leaves are off the trees now, so hopefully we won't get any more flooding. By now, I hope that everyone has had a chance to see the new courts at The Lodge. They are located behind the swimming pool and next to the paddle tennis courts, where the old horseshoe pits used to be. This is a nice, isolated, and quiet area, except for the noise that we make during our intense competitions.

If you are looking for a little exercise and fresh air, this activity could be just what you are looking for. Shuffleboard is an easy game

to learn and one can become proficient at playing this game fairly quickly. Our games usually last about 60 to 90 minutes. We choose up different teams each time we play, which allows us to keep the competition challenging and the games interesting. We play for fun, but, of course, everyone likes to win. We have a great group of residents who play regularly and we are always happy to have a new player join our shuffleboard family. So after your morning coffee and/or breakfast, come out and join us. Again, get some fresh air, a little exercise, and some socializing with other residents.

We are looking for more new players, so if anyone is interested and has questions or concerns, please contact me by my cell phone or email. Otherwise, please just show up and we will give you an introduction to an easy game to play. See everyone on Monday and Saturday mornings at 9 am. ~ **Marty Rotman**, (310) 948-1693, mrtmj@aol.com



WATER VOLLEYBALL CLUB



Testimonial from Dr. Jerry L. Turner, club member:

Thanks for organizing this club. It has greatly improved my life. Here are a few ways:

1. Physical activity: Water volleyball is a form of exercise that can help you stay active and fit. It can

help you burn calories, improve your cardiovascular endurance, and strengthen your muscles.

2. Stress relief: Exercise in general is a great way to reduce stress and improve your mental health. Playing water volleyball can provide a fun and enjoyable outlet for stress, allowing you to relax and de-stress after a busy day.

3. Social interaction: Water volleyball is typically played in a group setting, which can provide an opportunity for social interaction and connection with others. This can be particularly beneficial if you are an introverted person or if you have difficulty making friends.

4. Improved coordination and balance: Water volleyball requires coordination and balance, as you are moving in the water and trying to hit the ball with your hands or feet. As you play, you may find that your coordination and balance improve, which can translate to other physical activities as well. ~ **Mel Harkin**, odeegos@yahoo.com



HORSESHOE CLUB

Well, 2023 is rolling right along and I sure didn't think I'd be writing about the rain, but we've had some. I even had to cancel a couple of playing sessions because of it. All I can say is "thank you God," we needed it. It's time to start planning our first quarter events such as tournaments and our first social event of the year which includes dinner at The Bistro followed by dessert at a member's home, always a fun time for the whole club, spouses included. So, if one of your new year's resolutions included getting more active and enjoying activities available to you in this beautiful place in which you live, come on out and give our club a try, fun and enjoyment guaranteed! We meet every Wednesday at 9 am at The Summit; you won't believe the view while you play. Our contacts are Ron Erickson at (951) 846-3288, rejlerickson@sbcglobal.net or Gary Christi at (951) 845-0520, goldtoy@earthlink.net. ~ **Ron Erickson**



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E-BIKE CLUB

The e-Bike Club hasn't gotten up and running for several reasons, not the least of which is the weather. However, we still plan on meeting the first Thursday of each month for a casual, unplanned ride (weather permitting).

If you are willing and have the time to help with organizing and maintaining contact with our growing membership, please contact me.

Electrical bikes continue to gain popularity throughout the United States. Colorado has enacted a rebate for purchases of e-bikes statewide and several cities, including Atlanta and San Francisco, have announced rebates or vouchers for residents who commit to

using them for primary transportation.

California through California Air Resources Board (CARB) will roll out a voucher program in the first quarter of 2023 to provide \$750 or \$1,000 for various types of e-Bikes. (More information will be provided in future articles.)

In the meantime, please look for more information via the Daily Report for upcoming details about the e-Bike Club.

Contact me at (801) 815-5302 or cooleyaudit@gmail.com. ~ **Steve Cooley, Founder (hopefully soon to be replaced by a President and others)**

FISHING CLUB

Well, the doctor told me I had mono and I will be out of it for around nine months. I guess that means I am going to be weak and miss a lot of fishing. I will have to write about fishing trips that I went on in the past. At the time of this writing I am very weak and not able to think clearly. I am sorry, but I will make it up to you in future articles.

Tight lines to all my fishing buddies and remember to go fishing if you are up to it. ~ **Richard Carrasco, ricarrasco52@gmail.com**

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Our 4x4 Seasons group enjoying the great outdoors on another beautiful day



On Red Canyon Road



Thinking about crossing an old wooden trestle. I'm pretty sure they went around.

4X4 SEASONS

For our group's December run, several rigs explored Red Canyon Trail near Chirico Summit.

Red Canyon is a scenic desert trail that winds through the Mecca Hills. Red Canyon Trail joins up with the Historic Bradshaw Trail. The Bradshaw Trail is a Historic Stage Coach Route dating back to 1862, the route originally was from La Paz to San Bernardino.

If you have an off-road-capable 4x4, our group wishes to invite you

to join us at one of our meetings or 4x4 runs. We meet on the second Tuesday each month in RCN at 6:30 pm and usually plan a day run on the following Thursday. We also plan an occasional overnight RV trip. Please come and introduce yourself.

For information, please contact Brian Fusilier at (909) 215-2778, bfusilier@verizon.net, or Scott Snyder at (562) 714-7252, scottdonaldsnyder@gmail.com. ~ **Brian Fusilier**

LADIES PUTTERS

The Four Seasons Ladies Putters Group ended their year with an Awards/Holiday Party held at The Summit. Nearly everyone received a cash award in one or more of the various categories (Lowest Round, Lowest Average, Most Holes in One, etc.) proving that practice may not make perfect, but it certainly does help in the long run.

Our new season started last month. Our playing days/times are Mondays at 4 pm and Fridays at 9 am. The putting green is located at The Courts, behind the pool area. If you're looking for a low impact, high "fun and social" activity, please come out and join us. No putting experience needed and we have extra putters and balls for those who may not want to initially invest in any of their own equipment. ~ **Phyllis Kates, designsbypk@earthlink.net**



Members gather at the Ladies Putters Holiday Party and Awards Ceremony held in December at The Summit

PAN

We are looking for players, substitute players, and people who are interested in learning the game. I am happy to teach anyone who wishes to learn to play Pan, either individually or in a small group — your home or mine. Pan is a card game, much on the order of Gin in some respects, that is played with up to eight people at a table. It is played by both men and women, so all are welcome. The game is played during the day or in the evening in The Lodge or in a private home. If you are interested, please contact Linda Mendelson at (951) 941-9100 or email Goldtoy@earthlink.net, and I will answer any questions you may have. As with all card games, it is played with both skill and luck. ~ **Linda Mendelson**

PHASE 10

We hope to see more fun-loving card players joining us in The Lodge Game Room on Tuesday, Feb. 14 and Tuesday, Feb. 28 from 2 to 4 pm.

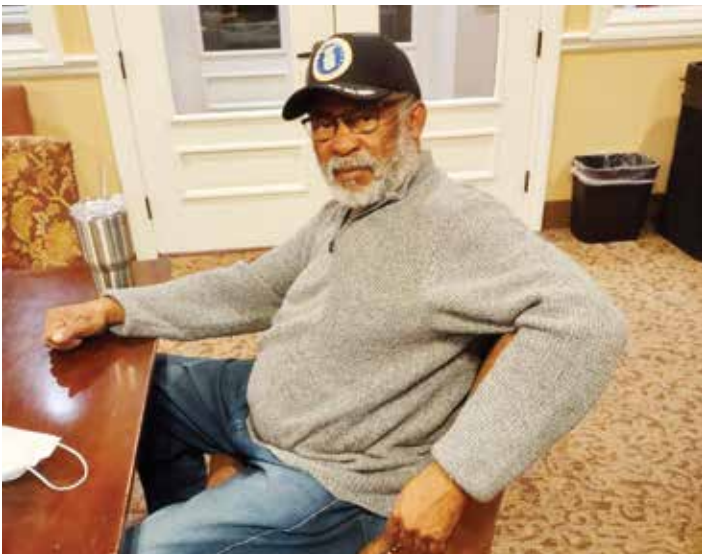
There have been the usual 'faithfuls' but we would love to see more join us to play this fun game. Snacks are provided.

The goal is to complete the 10 phases that are established for the game one round at a time. These phases include 'sets' of cards (all the same number) and 'runs' (cards in a sequence). There are also Wild cards and Skip cards during play. Thank you for your support.

If you have any questions, please contact Marianne Bugni at (920) 517-2739 or email lamarib77@gmail.com. ~ **Marianne Bugni**

DOMINOES

Frank Turner, pictured below, is the winner for the month of December. Frank retired about two years ago and he has been a regular domino player. Congratulations Frank! He is also our DJ and plays some good music. Come to the Game Room and join us. We play every Wednesday and Friday from 5 to 9 pm. For more information, contact Reggie at (951) 743-3584 or Jesse at (951) 769-2035. ~ **Wondell Collins**



RUMMIKUB

Do you miss playing your favorite tile game, Rummikub? We sure miss seeing friends and making new ones while playing this fun, fast-paced game.

We play in the Game Room at The Lodge on Mondays from 2 to 4 pm. We welcome pros and newcomers alike and are always happy to teach the game to anyone who is interested. So come out and meet your neighbors and have a great time.

If you have any questions, I can be reached at retiredatlast@outlook.com. ~ **Caryn McSweeney**

HEARTS

All are welcome. The game is played with a deck of 52 cards, no jokers. We play three, four, or five at a table. Scheduling is not necessary. We play on Tuesdays at 6 pm in The Lodge Game Room. A group has played here at Four Seasons for nine years. Seating is random draw, no partners, individual scores. It is easy to learn, harder to win. Players will teach. Games last for approximately two hours. Lowest points win. If you have any questions or would like to become the contact person for Hearts, please contact The Lodge front desk.

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CANASTA

Join us for an afternoon of friendship and fun while playing a game of Hand and Foot Canasta. We meet on Thursdays in the RCN Main Room from 12:45 to 4 pm. Table assignments are distributed at 12:45 pm. Each week you may play with someone different, giving you an opportunity to meet new friends and/or to visit with existing friends. We supply the cards, so just bring yourself and a desire to have fun. If you don't know how to play, we are always happy to set up a teaching table — by the end of the afternoon you will have mastered the game. Join us. ~ **Pam Morales**, pamelamorales26@gmail.com

THREE THIRTEEN

Three Thirteen is a fun and fast-paced card game, played in 11 rounds. A variation of rummy, players meld using runs and sets of at least three cards. The first player to lay all cards down first receives no points. Then the remaining players lay down their cards, on either the first player's cards or their own. Each round uses a progressive, new wild card, from 3 to Kings. The lowest score wins. Not a lot of rules to remember and it's quick and easy to learn. Everyone is welcome and we will always have a learner's table, if needed.

We meet the first and third Tuesday of each month at 2 pm in The Lodge Game Room. Everyone is welcome to join us. If you have questions or want to be put on the group email list, contact Simone at simone@bissada.net. ~ **Simone Bissada**

DUPLICATE BRIDGE GROUP

In 2023, we will have a session of Duplicate Bridge on the second Saturday of each month starting at 10 am, provided there is sufficient interest. If you are not on our mailing list, please contact me at kafreyer@frontier.com. ~ **Kirk Freyermuth**

BRIDGE FOR FUN

If you are thinking of new activities and have a basic knowledge of how to play the game of bridge, come join us on Wednesdays from 12 until 3:30 pm in The Lodge Game Room. We are a fun and easy-going group; come play with us. For more information, contact Verona Rector at (951) 769-1687. ~ **Lois L. Butler**

BUNCO

Have you heard the news? Beginning Jan. 8, 2023, Bunco will be every Friday from 1 to 3 pm.

On the first and third Fridays, we play the regular Bunco game in the RCN, Room #3.

On the second, fourth, and fifth Fridays of each month, we will play Wacky Bunco in the Game Room at The Lodge. We've added a few changes to the scoring of the game to keep you on your toes and spice up the game. It's loads of fun!

Anyone is welcome to attend. It's a great way to have some fun and meet new friends. Feel free to contact Cheryl Diego at kinderbear@msn.com or Linda Supernaw at supernaw4@sbcglobal.net. ~ **Cheryl Diego**

UPTOWN DIVAS BID WHIST

Uptown Divas Bid Whist Group meets on the first and third Fridays of every month from 2 to 4 pm in The Lodge Game Room. ~ **Deborah Garner**, kenyakiki@aol.com

CO-ED BID WHIST

Hey everyone! Frank Turner is my name and playing Bid Whist is my game. I am looking forward to having more players come and join us! The Co-Ed Bid Whist group meets on Tuesdays from 6 to 8:30 pm in the RCN, Room #3. We offer a satisfying game environment filled with skill, good cheer, good-natured 'trash talking,' and some great music. Again, I invite more players to come and check us out. Win or lose... you will have a lot of fun and meet some great folks while playing Bid Whist. New players, whether new to the game or veterans, are always welcome! We look forward to seeing you at the tables. For more info, call Frank Turner (562) 922-9737. ~ **Frank Turner**

MAH JONGG

Hello all! We are now playing Mah Jongg in the RCN every Friday morning from 10 am to noon. I hope you can join us. The great part is that you do not have to commit to every Friday.

If you are interested in learning this game, we arrange periodic lessons and have a table designated for new players.

If you have any questions or would like to arrange an introductory lesson, contact Terry Hall at Terryhall005@gmail.com. ~ **Terry Hall**

PINOCHLE FOR FUN

Whether you are a new or an experienced player, we will help you enjoy the game. We meet in the RCN Room #1 every Monday, Wednesday, and Friday from 9 am to noon. If you have any questions, don't hesitate to contact either Karen Farmer at (951) 313-6149 or Floyd Reid at (951) 317-3127. ~ **Karen Farmer**



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YOU CAN'T WIN IF YOU DON'T PLAY! Only 10 people played Get the Joke last month. Can you imagine the odds of winning with only 10 people playing??? I wish that would happen with the Lottery. If you want to win, PLAY! There's delicious food on the line, folks!

GET THE JOKE – WIN BISTRO BUCKS!

“Get the Joke” is a simple contest... somewhere in this issue is a “joke” ad, article, or other notice. You’ll know it when you see it — it will be silly, over-the-top ridiculous, or just plain goofy — and hopefully it will bring a smile to your face. When you find it, email your response to fourseasonsnews@yahoo.com. Or you can cut out and complete the box below and take it to The Lodge front desk. One correct entry will be chosen at random to win a \$20 gift card to the Bistro. Please get your entry in no later than the eighth of the month. Thanks!

LAST MONTH'S JOKE

NIGHT BEER PONG

The Night Beer Pong group is expanding our play hours as we enjoy shorter days this winter. We play at The Summit Mondays, Wednesdays, Sundays, Tuesdays, Saturdays, and Thursdays, and Fridays from 5 pm to 2 am, or until the last person goes home.

For those of you who haven't played beer pong, just think, “Hey! Do I like fun? Also do I like beer?” then come on down and join us. We are also serving pretzels and disinfect our ping pong balls once in a while. ~ **Joe Blow**, joeblow@yahoo.com (909) BEER-ME



YOUR COMMENTS

I am guessing we do not have a “Night Beer Pong” Group... it wouldn't be a bad idea. Lol. Teresa K.

I so enjoyed the great poem on the wind in this issue; it was great and so true. Keep 'em coming. Thank you! Linda K.

This month's joke seriously made me laugh! Once I heard the balls were “disinfected occasionally” I signed right up! Lynn D.

I think this month's joke is Night Beer Pong, at least I hope it's a joke because I don't think The Summit is open until 2 am and with all that beer someone's going to need a bathroom. Karen M.

THIS MONTH'S WINNER:

CAROLE JACKSON

I got the joke!

Resident's Name (first & last): _____ Phone _____

This was the joke: _____

We love your comments (about the joke, the Breeze, or whatever's on your mind!): _____

7	2	6	9	8	1	4	3	5
3	5	8	2	4	6	1	7	9
1	4	9	5	3	7	8	6	2
9	6	4	7	5	2	3	8	1
2	7	1	3	9	8	5	4	6
5	8	3	1	6	4	2	9	7
6	9	5	4	1	3	7	2	8
8	3	2	6	7	5	9	1	4
4	1	7	8	2	9	6	5	3

EASY

1	8	3	9	7	4	5	6	2
7	6	5	1	3	2	9	4	8
2	4	9	8	6	5	3	1	7
6	1	7	2	4	3	8	9	5
4	3	8	5	9	6	7	2	1
5	9	2	7	8	1	6	3	4
9	5	4	3	2	8	1	7	6
3	2	1	6	5	7	4	8	9
8	7	6	4	1	9	2	5	3

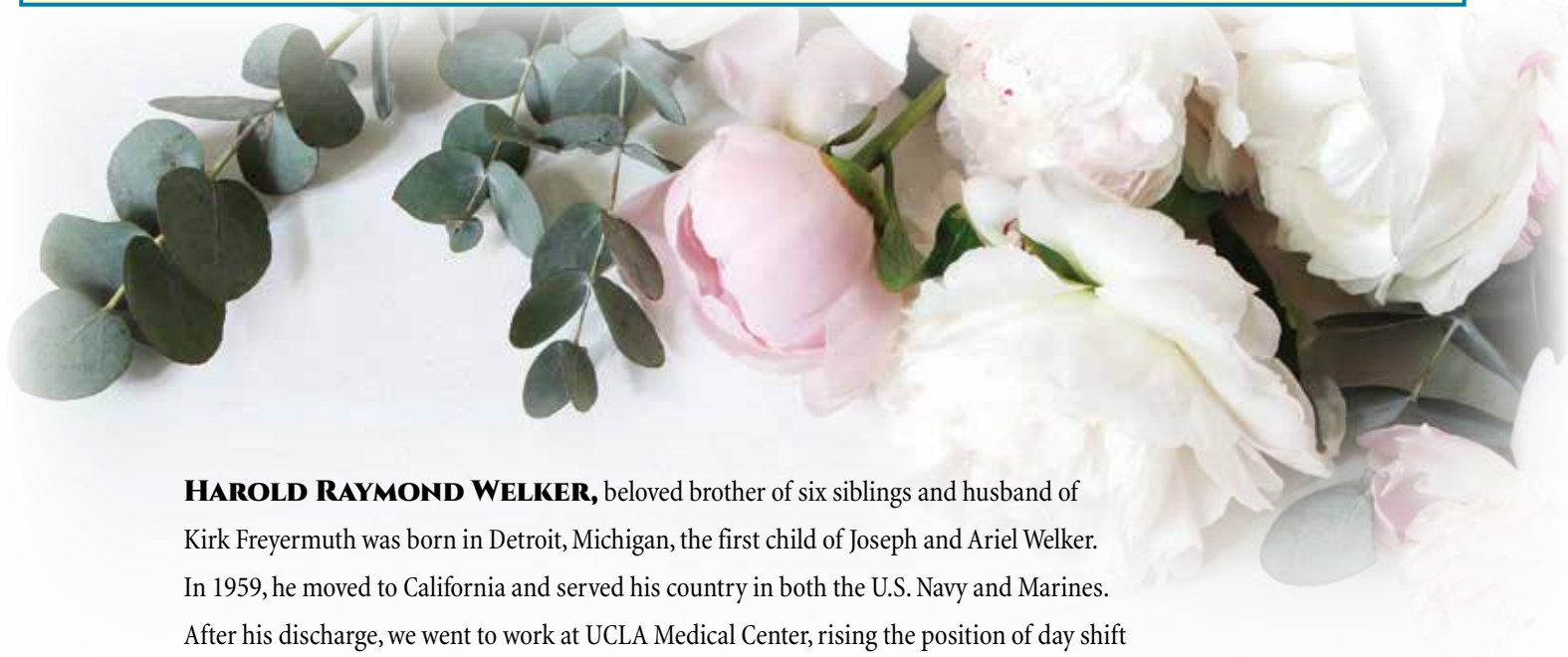
MEDIUM

5	3	9	8	4	1	7	6	2
6	1	7	5	2	9	8	4	3
4	8	2	3	6	7	5	9	1
3	9	1	4	7	5	2	8	6
8	2	5	6	9	3	4	1	7
7	6	4	1	8	2	3	5	9
1	7	8	9	3	4	6	5	2
9	4	3	2	5	6	1	7	8
2	5	6	7	1	8	9	3	4

HARD

Farewell to Four Seasons Friends

If you have lost a loved one and would like to let others know, you can have the information placed in this column in the *Breeze*. Guidelines are: Your loved one must have lived in Four Seasons Beaumont. Immediate family only may place the notice. Photos are optional. Limit the remembrance to 400 words and send it to fourseasonsnews@yahoo.com. Be sure to include your contact information in case we need to reach you. Contact information will not be published.



HAROLD RAYMOND WELKER, beloved brother of six siblings and husband of Kirk Freyermuth was born in Detroit, Michigan, the first child of Joseph and Ariel Welker. In 1959, he moved to California and served his country in both the U.S. Navy and Marines. After his discharge, we went to work at UCLA Medical Center, rising the position of day shift supervisor in the Respiratory Therapy department. He and his husband lived for over 50 years in the San Fernando Valley before moving to Beaumont in August 2018, following his sister Irene Welker. He passed on 05 November here at Four Seasons Beaumont after a short illness at age 83. Another of his sisters, Joni Truelsen, was with him at his passing. He was passionate about films and theatre, particularly Broadway musicals. He is mourned by all who knew him here as he was always outgoing.

On the Breeze

Photos Wanted

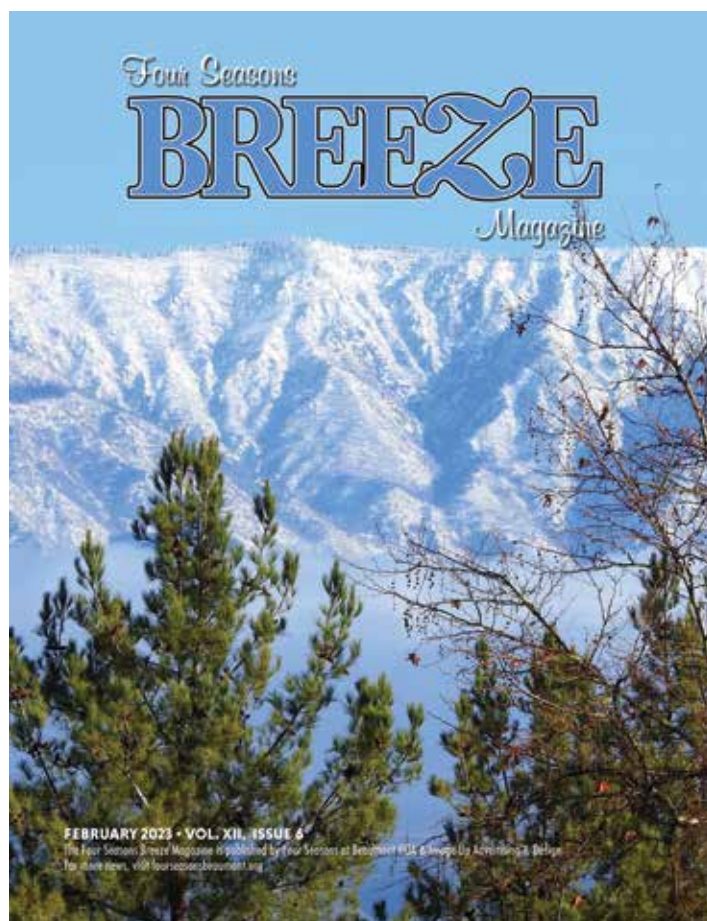
If you want to submit a photo for the cover of the *Breeze*, follow these guidelines:

- Vertical portrait format is preferred
- Simple, uncluttered photos work best
- Digital photos are requested at high resolution, 4 megapixels or higher, 300 dots per inch (dpi) or at least 1536 x 1024 pixels; a high-res photo will be 2-10 megabytes (MB)
- Send jpeg format photos to FourSeasonsNews@yahoo.com
- Include a brief description of the photo including the location
- If you have any questions, please call Courtney Taylor at (909) 797-3647

Submission Guidelines

The *Breeze* Communications Board requires all committees, clubs, and groups to submit their article **no later than 12 noon on the 6th of each month**. Maximum article length is 400 words and maximum number of photos per club/group is three. Email Microsoft Word document (.doc), Rich Text Format (.rtf) or simply include your article in the body of an email message to FourSeasonsNews@yahoo.com. Articles submitted as PDFs or in hard copy will not be accepted.

Please include committee, club, or group name, writer's contact information, and organization's contact information. Within the article, include upcoming event details and general contact information. Photographs (maximum three) must be clear, in focus, and submitted as high-resolution jpegs with captions including the first and last name of everyone in the photo. NO COLLAGES. Photos and articles will be printed at the discretion of the Communications Board.



COVER PHOTO

Winter view from Four Seasons Blvd.

Photo by Gerrie Karczynski

To Advertise in the Breeze

If you would like to advertise in the *Breeze*, please contact Image Up Advertising & Design at (909) 797-3647 or email imageup1@verizon.net.

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